

amoena

Breast Care. Empowering women.

am

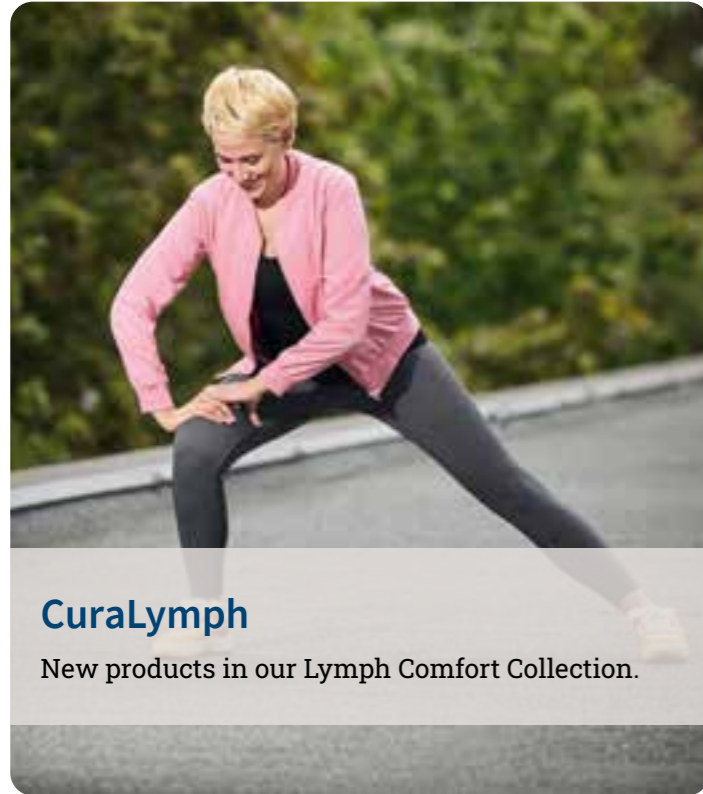


ena

PRODUCT CATALOGUE 2024/2025

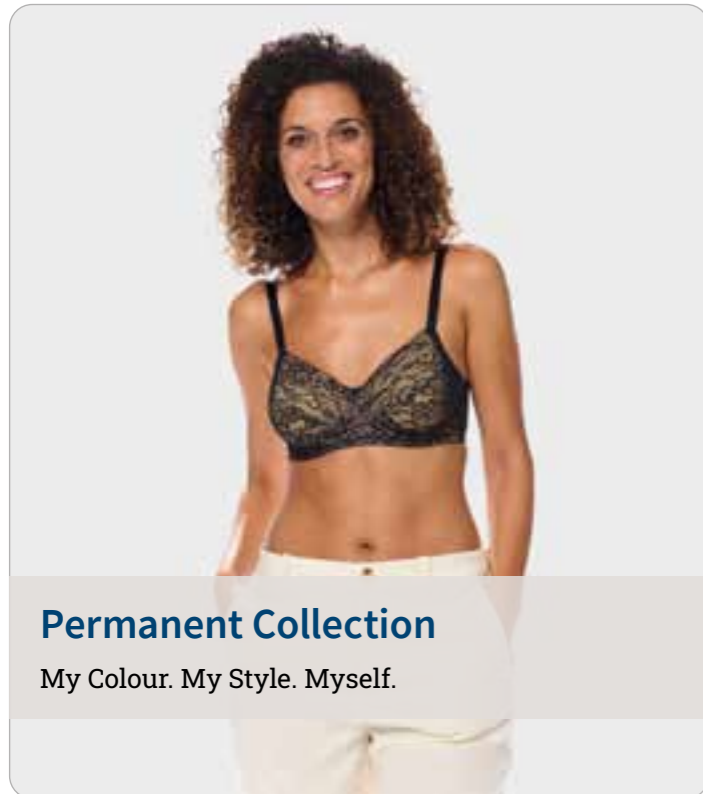
Amoena – Your solution.

NEW RANGE 2024



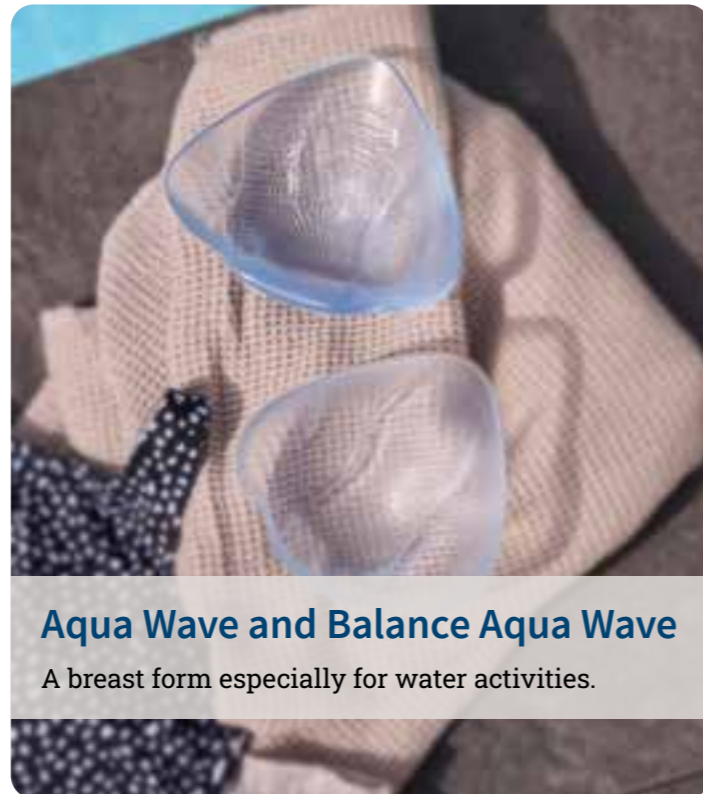
CuraLymph

New products in our Lymph Comfort Collection.



Permanent Collection

My Colour. My Style. Myself.



Aqua Wave and Balance Aqua Wave

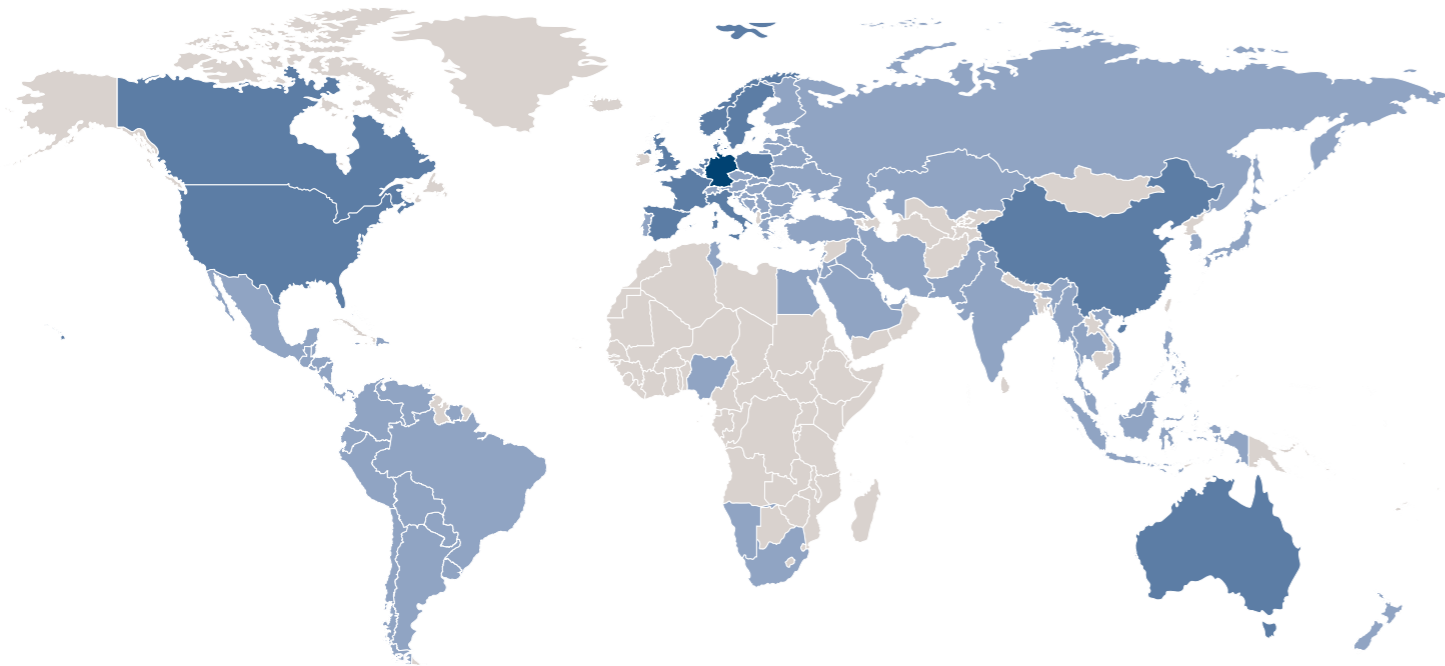
A breast form especially for water activities.

CONTENTS

ABOUT AMOENA	4
AMOENA AT A GLANCE & AMOENA IN NUMBERS	4
AMOENA – YOUR PARTNER IN BREAST CARE & THE STORY BEHIND THE O	6
BREAST CANCER GLOBAL FACTS & FIGURES	8
AMOENA'S COMMITMENT TO HIGH QUALITY & OUR APPROACH TO SUSTAINABILITY	9
PATIENT JOURNEY	10
UNIQUE HIGHLIGHTS	12
RECOVERY CARE	14
PORTFOLIO OVERVIEW	15
CURASUPPORT COMPRESSION	16
CURASCAR GARMENTS	20
CURASCAR SILICONE	22
CURASUPPORT COMFORT	24
MEASURING TIPS & SIZING CHART	88
INDEX	106
BREAST FORMS AND SHAPERS	28
OUR TECHNOLOGIES & INNOVATIVE BREAST CARE	30
AMOENA BALANCE PORTFOLIO OVERVIEW	32
BALANCE ADAPT AIR	34
BALANCE CONTACT	34
BALANCE NATURA	35
BALANCE ESSENTIAL	35
SIZING & SIZING CHART	90
INDEX	108
BREAST FORMS PORTFOLIO OVERVIEW	36
ADAPT AIR	38
CONTACT	40
ENERGY	42
NATURA	44
ESSENTIAL	45
ACCESSORIES	48
SIZING & SIZING CHART	92
INDEX	110
LINGERIE AND SWIMWEAR	50
PORTFOLIO OVERVIEW	51
EXCLUSIVES AMOENA SPECIAL GARMENTS & MATERIALS	52
LINGERIE	54
ELEGANT	54
CLASSIC	58
SEAMLESS	64
HIGH CUT	70
ACTIVE	72
WELLNESS	74
SWIMWEAR	76
FITTING GUIDE, SIZING CHART & PERFECT FIT	94
INDEX	112
LYMPH CARE	80
PORTFOLIO OVERVIEW	81
CURALYMPH COMFORT	82
CURALYMPH COMPRESSION	84
SIZING CHART	98
INDEX	115
FURTHER INFORMATION	99
BACK TO YOUR DAILY LIFE WITH AMOENA MEDICAL DEVICES	99
ALWAYS HERE FOR YOU & MORE THAN AN ONLINE SHOP	100
YOUR POTENTIAL IN BREAST CARE	102
AMOENA ACADEMY TRAINING AND EDUCATION OPPORTUNITIES	104



AMOENA AT A GLANCE



- Head office in Raubling, Bavaria
- 14 Subsidiaries
- Distributors

AMOENA IN NUMBERS



Approx. **380 employees**, 210 of them are located at the production site in Raubling



Represented in more than **75 countries**



Every minute, five Amoena products are purchased



Approx. **250 tons** of silicone being processed in a year



Approx. **16.000** retailers worldwide



Approx. **6.000** product variants



Produced over **18 million** breast forms



Over **36 million** Breast Care Textiles sold

Leading the way in modern breast care:

Amoena is the world's leading breast care brand and the developer of the first silicone breast form.

Almost 50 years of experience and the strictest quality guidelines guarantee the highest product quality. To support women on their journey through breast cancer, Amoena offers product solutions that are designed to complement each other and work together perfectly.

From Recovery Care to Breast Forms, Lingere and Swimwear and Lymph Care Amoena products are designed to support women from diagnosis to the return to their everyday lives and beyond.

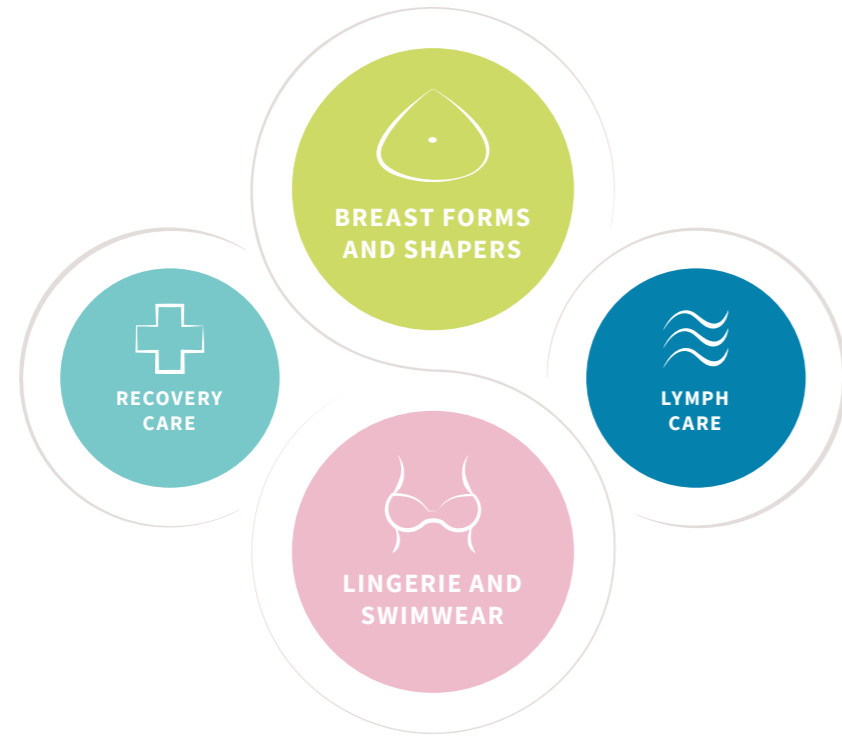
Amoena – by women for women. 81 % of our employees are female.

Quality – handmade in Germany

With passion and our worldwide unrivalled expertise, we develop and manufacture products that restore enjoyment for life and self-confidence. Our breast forms are handcrafted with the greatest care, exclusively at our production site in Raubling. This is the site where our recovery care products and special textiles are developed and designed. Through good and close relationships we inspire, strengthen and support our partners. We want to ensure that women receive the best possible service and products which are tailored exactly to their needs.

Today, around 380 employees worldwide are working towards this goal – around 210 of them in Raubling, Bavaria – passionately and fully committed.

AMOENA – YOUR PARTNER IN BREAST CARE



AMOENA. YOUR SOLUTION.

Amoena – Your partner to accompany you along your way, committed to supporting you rebuild your confidence.

Trust and experience are two major foundations of our company. Our history is characterised by quality, innovation, decades of medical knowledge and our constant striving for the best materials and technologies. Our passion becomes your solution – from diagnosis to your return to everyday life. We are more than just a company, we are there for you on your journey after a breast cancer diagnosis to make your life easier. Our customised solutions are designed with functionality in mind, they're also about style, because you deserve to feel great in every situation.

Let's be strong together. #EmpoweringWomen

THE STORY BEHIND THE



Our model, Matea, has had breast cancer surgery

In the context of the word **amoena**, the letter **O** doesn't have a specific meaning by itself. **Amoena** is a Latin word, an adjective that means **pleasant** or **lovely** in English.

It describes something that is delightful, agreeable, charming, or pleasing. The word **amoena** itself is derived from the verb **amo**, which means **I love** or **I like**. So, while the **O** is pronounced when we say **Amoena**, it's no more significant than a sound.

Perhaps in the context of breast cancer, **O** brings to mind the word oncology. The medical professionals and specialists involved in breast cancer care can include surgical oncologists, medical oncologists, and radiotherapy oncologists, all of whom play crucial roles.

But we prefer to give the **O** much more heartfelt meaning. When you see it in our branding, we hope you think of:

The Original.

Amoena is the original – We created the first film-covered silicone breast form in 1975. Then, we built on that to create the first 2-layer breast form, the first breast form with an adjustable Air Chamber, the first Valletta top, and many other innovations.

Options.

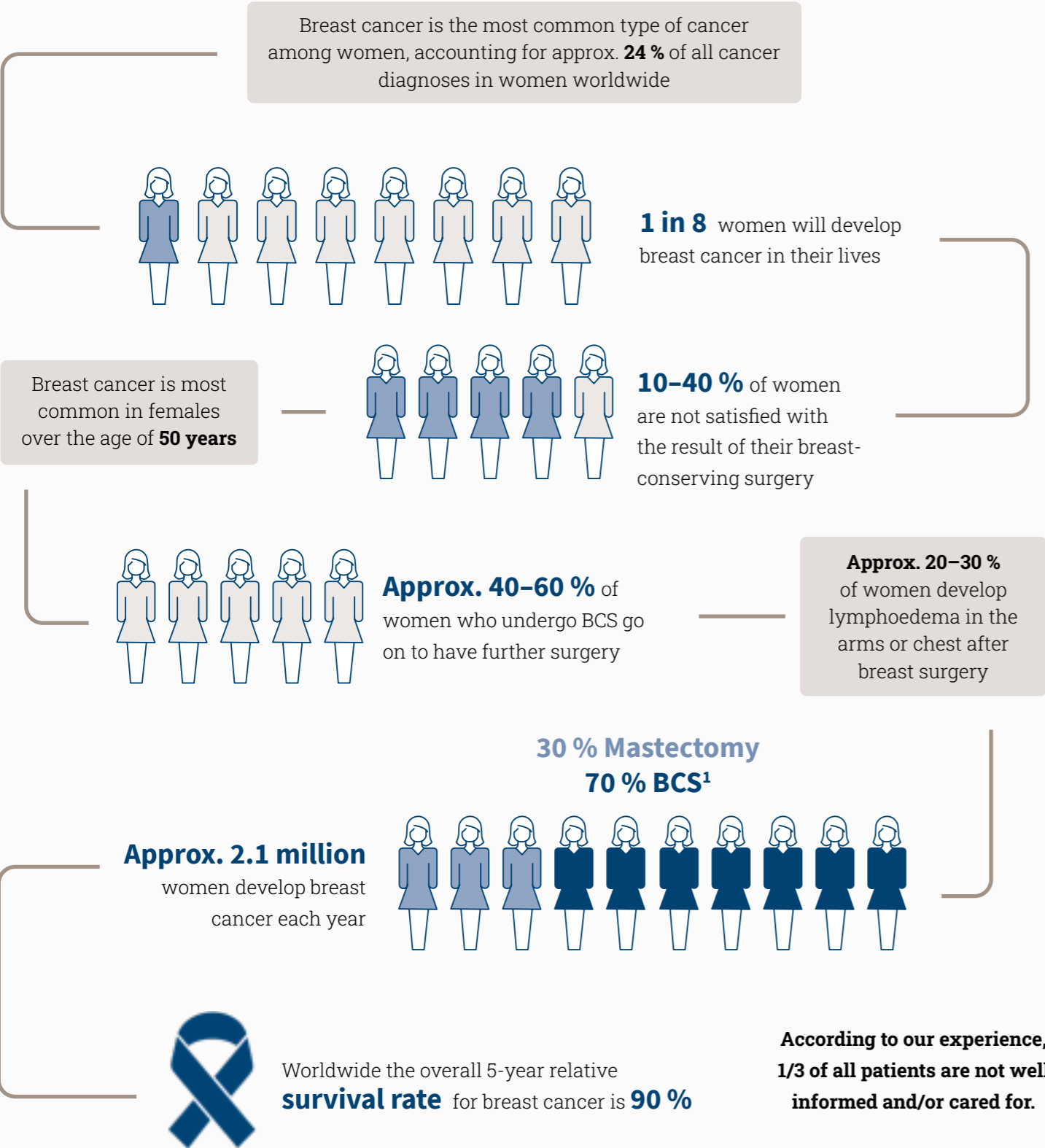
At Amoena we know that one size doesn't fit all. We recognise the importance of choice, and our comprehensive portfolio supports finding what works best for each woman. Our products are designed to complement each other and provide care for every step of the patient's journey. With our Amoena Solution we support women from diagnosis right up to the return to their everyday lives.

Own It.

Your body is unique and your own. Our mission has always been to support you, and now we are taking it further: We want to recognise that our goal is for you to own your confidence, and love your body.

The positive feedback from the women who are supplied with our products motivates us to work on even better solutions. We work with the highest passion to provide the best possible care and empower women throughout their journey.

BREAST CANCER GLOBAL FACTS & FIGURES



Sources: American Cancer Society, Global Cancer Facts & Figures 4th Edition (2018), cancer.org, WHO
1) Breast conserving surgery

AMOENA'S COMMITMENT TO HIGH QUALITY

a

More than 16,000 specialist retailers worldwide trust in our products. Thanks to them, ever since 1975 we have been able to provide more than 30 million women with optimal product solutions for recovery care, breast forms and lingerie.

- ✓ **A perfect fit**
- ✓ **Smart sizing**
For in-between cup sizes and smaller bra bands
- ✓ **Tried-and-tested sizing system**
- ✓ **Easy to use**
- ✓ **Wide range of products**
- ✓ **Medical devices**
- ✓ **Oeko-Tex-100 certified materials**
- ✓ **Pollutant-free**
- ✓ **Sustainable materials and work processes**
We constantly strive to use sustainable materials and raw materials and will continue to expand their use in our collection for the future. We continuously revise and optimize our work processes, also under the aspect of sustainability.

OUR APPROACH TO SUSTAINABILITY

Economic success combined with ecological and social responsibility – sustainability is an important issue for us.

We have combined and expanded our long-term activities in the area of sustainability.

We are far from the end of our journey, but we have defined for ourselves **4 PILLARS OF SUSTAINABILITY**, which we use to reinforce and consistently pursue our sustainability strategy.

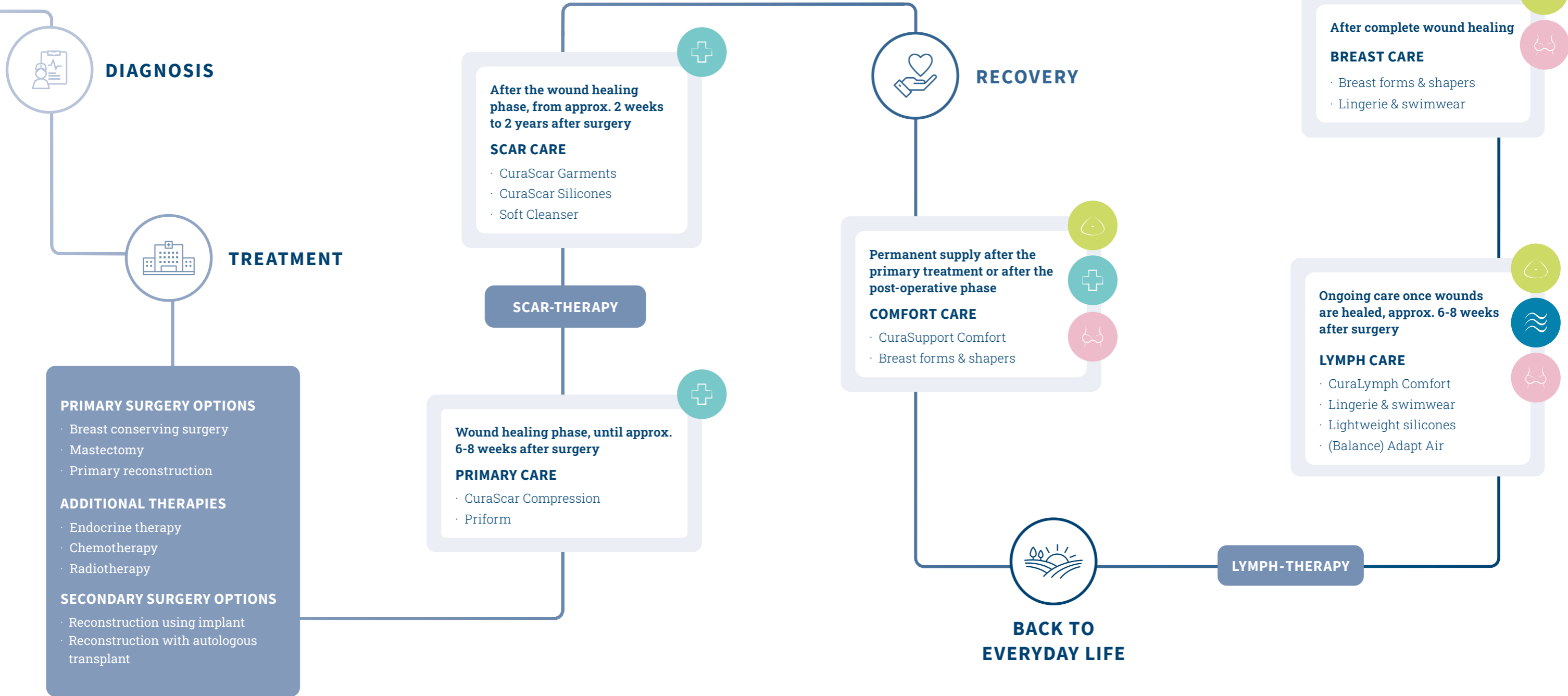
The four pillars of sustainability:

Each of the four pillars reflects an area for which we have formulated relevant steps and goals.

- SUSTAINABLE PRODUCTS**
- SUSTAINABLE PRODUCTION & PROCESSES**
- SUSTAINABLE SUPPLY CHAIN**
- LEADERSHIP, STAFF AND SOCIAL COMMITMENT**

PATIENT JOURNEY

Every woman is different – as is every case of breast cancer. We understand the challenges you and your patients face. This is why all of our product solutions are designed to complement each other and work together perfectly. You can choose from a range of combinations to support your patient on every step of her journey. Amoena is with you to provide optimal care solutions every step of the way:



 **RECOVERY CARE**
WHERE HEALING BEGINS

 **BREAST FORMS & SHAPERS**
WHERE CONFIDENCE GROWS

 **LINGERIE AND SWIMWEAR**
WHERE EVERYDAY LIFE CONTINUES

 **LYMPH CARE**
WHERE THE FLOW BEGINS

UNIQUE HIGHLIGHTS

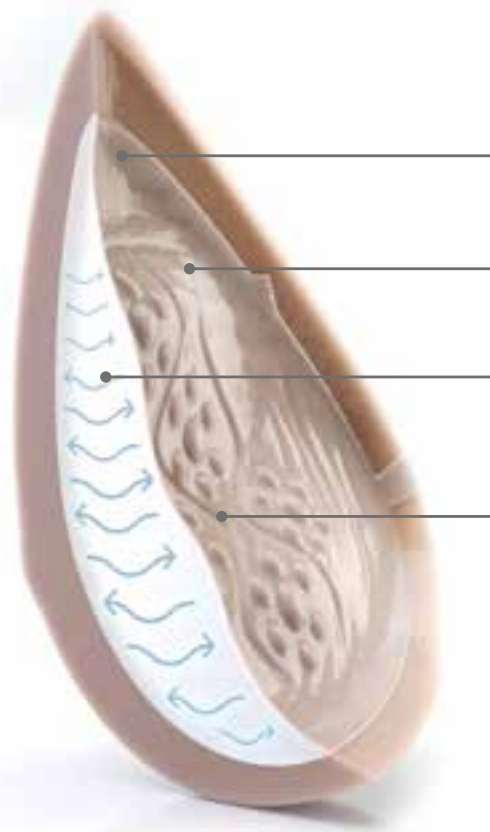
As the industry leader in high-quality medical breast care, we are continuously setting new, technological standards. Our comprehensive research and innovative development ensures the highest quality. Amoena breast forms have been proven to have the most natural feel in the world market – which is one of paramount importance.







Adapt Air Breast Form

Customisation for a perfectly symmetrical silhouette – **the gold standard in breast care**. Our innovative and award-winning **AirChamber Technology** of the Adapt Air Breast Form, allows easy volume adjustments for a perfect fit.

A simple adjustment to the volume can distinctly help with weight fluctuations, uneven scar tissue, or lymphoedema.



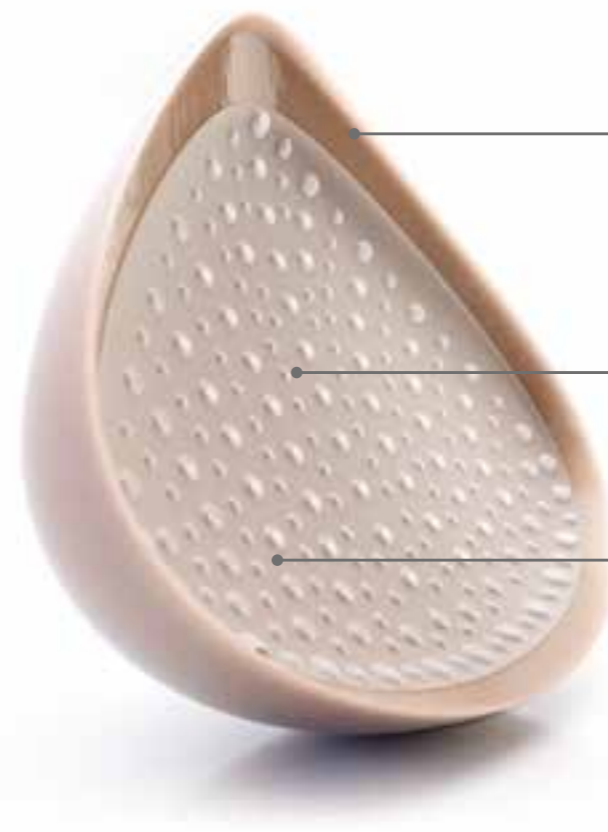
- 
Flexible, individually adjustable back
 Particularly close fit even with uneven chest wall.
- 
Comfort+ technology
 For less heat build-up and sweating behind the breast forms
- 
Air chamber technology
 Precisely and individually adjustable in volume
- 
 Matt-soft **special membrane** and **premium silicone** for a comfortable wearing feeling. Lightweight thanks to **InTouch Light or Xtra Light silicone** (25 % to 40 % lighter)




Our innovative product designs have been awarded recognition by:



Contact Breast Form

The Contact breast form moves with the body like a natural breast. It relieves the shoulders and neck thanks to its direct adhesion to the body and gives you more flexibility in your choice of clothing.



- 
Comfort+ technology
 For less heat build-up and perspiration behind the breast form
- 
 Matt-soft **special membrane** and **premium silicone** for a comfortable wearing experience
- 
 Lightweight thanks to **InTouch Light silicone** (25% lighter)

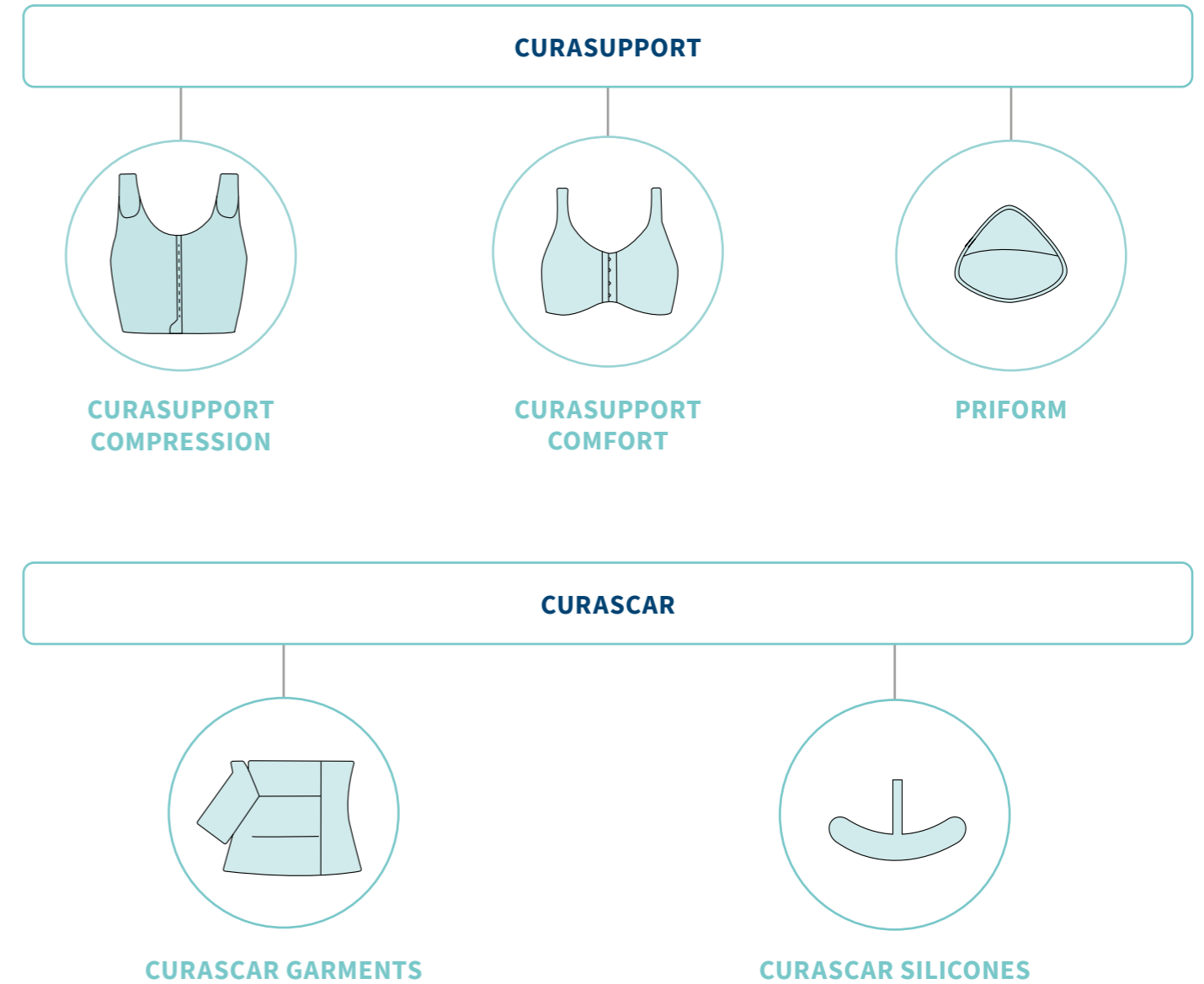
RECOVERY CARE

PORTFOLIO OVERVIEW	15
CURASUPPORT COMPRESSION	16
CURASCAR GARMENTS.....	20
CURASCAR SILICONE.....	22
CURASUPPORT COMFORT	24
MEASURING TIPS & SIZING CHART	88
INDEX.....	106

WHERE HEALING
BEGINS



RECOVERY CARE PORTFOLIO OVERVIEW



CURASUPPORT COMPRESSION

Seamless post-op bras

Our seamless compression bras have been specially developed for wear after breast surgery. They support the wound healing process by keeping the operated breast secure and supported. In addition, they protect sensitive skin and scar tissue and can ease post-operative oedema and pain.

Leyla



Light compression

- A special compression zone supports the breast without applying direct pressure to its entire surface
- Specific pressure zones apply light pressure to the side and back sections to encourage lymphatic drainage and support the healing process

Sina



Medium compression

- Keep the breast supported and secure by applying pressure to the entire breast surface
- Specific pressure zones apply light pressure to the side and back sections to encourage lymphatic drainage and support the healing process

Pamela



High compression

- Keep the breast supported and secured by applying pressure to the entire breast surface
- High compression levels and specially knitted panels promote optimal lymphatic drainage

3 reasons to try our seamless post-op bras

1. Seamless design without troublesome seams, which supports the healing process without further irritating the skin.
2. Specially knitted areas that apply targeted pressure, encouraging lymphatic drainage and minimising the risk of post-operative oedema.
3. Varying pressure levels for use after different surgical methods to suit the patient's individual needs and requirements.


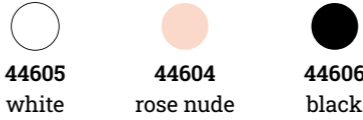




Colours



Features









- Knitted-on wide, soft underbust band
- Wide, adjustable straps for a comfortable fit and weight distribution on the shoulders
- Flat, soft velcro fastenings for a simple look (ideal to wear under a T-shirt or blouse)
- Integrated seamless pockets for breast forms and shapers

Overview

Product name Price category	Sizes Item No. Colour	Features Material
LEYLA Soft Bra Front Closure premium 	60/65 – 130/135 Cup: Universal 	<ul style="list-style-type: none"> • Light compression • Seamless knitted securing ring around the pre-formed cup to secure the breast without applying pressure • Prewashed and ready for use in a clinical setting • Zip closure at the front with hook and eyes underneath • High cotton content for optimal comfort 49 % Polyamide 43 % Cotton 8 % Elastane
SINA Soft Bra Front Closure premium 	60/65 – 130/135 Cup: Universal 6 rows: 60/65, 70/75, 80/85 8 rows: 90/95, 100/105 10 rows: 110/115, 120/125, 130/135 	<ul style="list-style-type: none"> • Medium compression • Seamless, knitted cups secure the operated breast, applying even pressure across the whole cup area • Prewashed and ready for use in a clinical setting • With hooks and eyes for additional width adjustment 98 % Polyamide 2 % Elastane
PAMELA Soft Bra Front Closure premium 	60/65 – 130/135 Cup: Universal 	<ul style="list-style-type: none"> • High compression • Seamless, knitted cups secure the operated breast, applying even pressure across the whole cup area • Prewashed and ready for use in a clinical setting • Zip closure at the front with hook and eyes underneath 98 % Polyamide 2 % Elastane

See page 89 for sizing chart.

Overview

Product name Price category	Sizes Item No. Colour	Features Material
COMPRESSION BELT advanced 	60-135  0776N white  45043 rose nude  0789N black	<ul style="list-style-type: none"> Developed for optimal post-op care. Holds the operated breast in place to prevent the implant from moving during the healing process Velcro strip in the centre of the back panel to aid attachment to compression bras from the CuraSupport Compression product range Individual adjustment possible <p>50 % Polyamide 21 % Elastane 18 % Polyester 11 % Cotton</p>
ANATOMIC COMPRESSION BELT premium 	60-135  45044 white  45046 rose nude  45045 black	<ul style="list-style-type: none"> Holds the operated breast in place Ideal fit, especially under the arms, for increased comfort Securely attaches to the compression bras from the CuraSupport compression product line Individual adjustment possible <p>50 % Polyamide 21 % Elastane 18 % Polyester 11 % Cotton</p>

See page 89 for sizing chart.

EXPERT TIP

Suitable for use straight after surgery in the operating theatre.






Our post-op compression bras (Leyla, Sina, and Pamela) are delivered prewashed.

FITTING TIP

Guaranteed fit with seamless post-op compression bras

No need to try Leyla, Sina, and Pamela compression bras beforehand. Thanks to our innovative measurement system, the underbust measurement is enough to determine which size is required. The universal cups fully enclose the breast, thanks to the special processing technology used to make them.

Overview

Product name Price category	Sizes Item No. Colour	Features Material
SARAH Soft Bra Front Closure advanced 	75-105 A, B, C, D, E Hook and eye fasteners: 7 rows: 75 A 8 rows: 80-85 A; 75-80 B; 75 C 9 rows: 90-95 A; 85-90 B; 80-85 C; 75-80 D; 75 E 10 rows: 100-105 A; 95-100 B; 90-95 C; 85-90 D; 80-85 E 11 rows: 105 B; 100-105 C; 95-100 D; 90-95 E 12 rows: 105 D; 100-105 E  0778 white  0779 black	<ul style="list-style-type: none"> Medium compression Moulded cup and flat seams help to prevent skin irritation Double-layered material in the front section for additional support With hooks and eyes for additional width adjustment High cotton content for sensitive skin Wide adjustable straps <p>82 % Cotton 11 % Elastane 5 % Polyester 2 % Polyamide</p>
THERAPORT Soft Bra Front Closure advanced 	S: 65-75 A; 65-70 B; 65 C; M: 80-90 A; 75-85 B; 70-80 C; 65-75 D; 65-70 E; 65 F L: 95-105 A; 90-100 B; 85-95 C; 80-90 D; 75-85 E; 70-80F; 65-75 G, H XL: 110-120 A; 105-115 B; 100-110 C; 95-105 D; 90-100 E; 85-95 F; 80-90 G; 80-85 H 2XL: 125-130 A; 120-130 B; 115-125 C; 110-120 D; 105-115 E; 100-110 F; 95-105 G; 90-100 H  2161 white	<ul style="list-style-type: none"> Medium compression Soft Cotton bra with velcro front fastener, specially designed for wear after various types of breast surgery. Ideal for partial breast radiotherapy (e.g. brachytherapy) Grey inserts that can be easily cut at the sides to accommodate the patient's drainage tubes Seamless underbust band ensures optimal comfort and can hold a pocket for a drainage pouch Velcro fastenings on front part and straps Integrated pockets for breast forms and shapers <p>81 % Cotton 12 % Polyamide 7 % Elastane</p>

See page 89 for sizing chart.

CARE INSTRUCTIONS

CuraSupport Compression bras are designed to be worn 24 hours a day and only removed for daily hygiene purposes. In order to ensure constant, effective compression throughout the care period, compression garments should be washed on a daily basis. Patients should be advised to keep a spare garment for this reason. These are available on prescription to cover the hygiene requirements outlined above.

CURASCAR GARMENTS

Scar compression therapy

Our CuraScar garments are ideal for women who have undergone breast reconstruction using autologous tissue. The risk of excessive scarring at the site where tissue has been removed is significantly minimized by using a scar compression garment. Compression garments are used as part of a conservative therapeutic approach in scar therapy. When used early in the treatment phase, CuraScar garments can support the wound healing process and help to ensure a successful surgical outcome.

Compression in scar therapy

Compression in scar therapy involves applying pressure at a therapeutically effective level on the closed wound area. Even pressure applied to the surface of the wound reduces blood flow to the scar area and increases the elasticity of the tissue. As a result, the scarring appears flatter and fainter.

Why choose Curascar Garments?

1. Prompt availability and precise sizing.
2. High quality workmanship with no troublesome seams thanks to innovative bonding technologies that support lymphatic flow.
3. Material can easily be cut for drainage tubes to pass through.
4. Breathable materials that are kind to skin and ensure maximum comfort and are therefore likely to be used consistently for the duration of treatment.
5. Apply medically effective pressure (20-23mmHg) to support the scar healing process.

Colours



EXPERT TIP

Compression and silicone are considered the gold standard in scar therapy, which is why we recommend combining all of our CuraScar garments with a corresponding product from our CuraScar silicones range. Please see the following page for more information on our CuraScar silicone range.

FURTHER INDICATIONS










CuraScar garments are specially designed for use on tissue removal sites during the course of autologous breast reconstruction. They can also be used in numerous types of interventions for reconstruction and aesthetic surgery (e.g. skin tightening) to stabilise the area operated on and reduce scarring and aid the healing process.

CARE INSTRUCTIONS

CuraScar garments are designed to be worn 24 hours a day and only removed for daily hygiene purposes.

In order to ensure constant, effective compression throughout the care period, compression garments should be washed on a daily basis. Patients should be advised to keep a spare garment for this reason. These are available on prescription to cover the hygiene requirements outlined above. The prescription of medical devices does not have to be covered by medical professionals' budgets.

Overview

Product name Price category	Sizes Item No. Colour	Features Material
BELLY BANDAGE Abdominal compression bandage premium 	S/M-2XL/3XL  45004 nude  45005 black	<ul style="list-style-type: none"> • Applies medically effective pressure to the abdomen area to aid the scarring and wound healing processes until the scar is completely healed • Three closures (height: 24cm) enable easy opening and closure and provide the perfect fit for the patient's body Nude: 59 % Polyamide, 31 % Elastane, 8 % Cotton 2 % Polyester Black: 33 % Polyamide, 31 % Elastane, 29 % Polyester 7 % Cotton
PANTY Scar compression brief premium 	XS-2XL  45000 nude*  45001 black*	<ul style="list-style-type: none"> • Applies medically effective pressure to the abdomen and upper legs to aid the scarring and wound healing processes until the scar is completely healed • 2 zips on the sides for easy dressing and undressing 56 % Polyamide 42 % Elastane 2 % Cotton
BERMUDA Long scar compression Panty premium 	XS-2XL  45002 nude*  45003 black*	<ul style="list-style-type: none"> • Applies medically effective pressure to the abdomen and legs to aid the scarring and wound healing processes until the scar is completely healed • 2 zips on the sides for easy dressing and undressing 56 % Polyamide 42 % Elastane 2 % Cotton

See page 89 for sizing chart.

*while stock last

CURASCAR SILICONE

Scar compression therapy with silicone

Our CuraScar silicones are ideal for the treatment of pathological scars following a surgical procedure as the use of silicone pads and compression significantly minimises the risk of excessive scarring in the wound area. Curascar silicones are used as part of a conservative/non-invasive therapeutic approach in scar therapy. When applied early on in the treatment phase (after wound closure), CuraScar silicones aid the scarring and wound healing processes and create optimal healing conditions for the skin.

Silicone reduces water loss in the upper layer of the skin. A moist environment creates the ideal conditions for scarring, making the scar smoother and reducing itching. Our breathable silicone pads also guarantee sufficient oxygen exchange.

Why choose Curascar Silicone?

1. Breathable and highly elastic silicone that adapts perfectly to the body's contours
2. Completely self-adhesive
3. Reusable up to 6 weeks

Features

- Can be cut to size individually
- Available with additional cover strips for better storage after cleaning



CLEANING INSTRUCTIONS

We recommend using Amoena Soft Cleanser on CuraScar silicones on a daily basis.











EXPERT TIP

Silicone and compression are considered the gold standard in scar therapy. Therefore you should recommend combining the corresponding product from our CuraScar garment range for each CuraScar silicones product. Please see the CuraScar Garments page for more information.



VIDEO TUTORIAL

Overview

Product name Price category	Sizes Medicinal device number Item No. Colour	Features Material
STRIPS advanced 	Measurements: 260 x 35 mm 1 pack contains: 4 pcs  010 (4) clear	<ul style="list-style-type: none"> • Long, narrow silicone strips in a handy set of 4 Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
STRIPS advanced 	Measurements: 260 x 35 mm 1 pack contains: 1 pcs  010 (1) clear	<ul style="list-style-type: none"> • Long, narrow silicone strips sold individually Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
SQUARES advanced 	Measurements: 260 x 100 mm 1 pack contains: 2 pcs  011 clear	<ul style="list-style-type: none"> • Long, broad silicone strips for complete coverage of larger scarring areas Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
MAMMILLA CIRCLES advanced 	Measurements: interior Ø : 20 mm / outer Ø : 75 mm 1 pack contains: 2 pcs  012 clear	<ul style="list-style-type: none"> • Silicone strips for scarring in the breast area (nipples) Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips
ANCHORS advanced 	Measurements: 230 x 145 mm 1 pack contains: 2 pcs  013 clear	<ul style="list-style-type: none"> • Silicone strips for scarring in the breast area (e.g. following a mastopexy) Polydimethylsiloxane, Polyurethane, Polyethylene protective cover strips

CURASUPPORT COMFORT

Comfort bras and tops

Our comfort bras and camisoles are the ideal companion for patients in the post-op phase and on their journey back to everyday life. They are designed to offer additional comfort and be easy to use.

After the wound healing phase (6-8 weeks after the operation), the skin and fresh scar tissue are still extremely sensitive. This is one of the reasons why it is often not possible for patients to opt for special bra garments straight away.

Emilia



3 reasons to choose our comfort bras

1. Wide straps and soft closures that don't cut into the skin ensure maximum comfort.
2. Front closure makes it easy for patients with restricted movement to put the bra on and take it off.
3. Integrated pockets keep breast forms and shapers securely in place.

Colours






Overview

Product name Price category	Sizes Item No. Colour	Features Material
EMILIA Soft Bra Front Closure advanced	70/75; 80/85; 90/95; 100/105; 110/115; 120/125 Cups: Universal  45013 white  45012 blush  45014 black	<ul style="list-style-type: none"> • Perfect fit and optimal comfort thanks to seamless circular knit technology • Breathable insert on each side and along the underbust area for a pleasant feel against the skin • Zip with hooks and eyes at the front • High coverage for good support • Straps are adjustable at the back • Drain management can be attached 69 % Cotton 25 % Polyamide 6 % Elastane
HANNAH Soft Bra Front Closure advanced	XS (60/65); S (70/75); M (80/85); L (90/95); XL (100/105); Cups: A/B; C/D Hook and eye fasteners: 4 rows: XS(A/B); S(A/B); M(A/B); XS(C/D) 5 rows: L(A/B); XL(A/B); S(C/D); M(C/D); L(C/D); XL(C/D)  2160 white	<ul style="list-style-type: none"> • Comfort bra with high cotton content • Feminine lace edges at neckline • Front fastening with hook/eye 85 % Cotton 15 % Elastane
MICHELLE Camisole advanced	XS (32/34); S (36/38); M (40/42); L (44/46); XL (48/50); 2XL (52/54)  2105 white	<ul style="list-style-type: none"> • Comfort camisole with a high cotton content • Stretchy, elastic neckline makes it easy to put on (by stepping into it) • Band at underbust to attach drain management 85 % Cotton 15 % Elastane

See page 95 for sizing chart.

Overview

Product name Price category	Sizes Item No. Colour	Features Material
<p>CLARA Soft Bra Front Closure basic</p> 	<p>S, M, L, XL, 2XL Hook and eye fasteners: 5 rows: S, M 6 rows: L, XL 7 rows: 2XL</p> <p>44743 blush</p>	<ul style="list-style-type: none"> • Comfort straps for optimal weight distribution • Seamless knit technology for optimal comfort <p>50 % Viscose (bamboo fibres) 26 % Polyamide 21 % Cotton 3 % Elastane</p>
<p>FRANCES Soft Bra Front Closure basic</p> 	<p>XS (60/65); S (70/75); M (80/85); L (90/95); XL (100/105); 2XL (110/115)</p> <p>Cups: A/B; C/D; E/F</p> <p>Hook and eye fasteners: 4 rows: XS (A/B, C/D); S (A/B); M (A/B) 5 rows: XS (E/F); S (C/D, E/F), M (C/D, E/F); L (A/B, C/D); XL (A/B, C/D); 2XL (A/B, C/D) 6 rows: L (E/F); XL (E/F) 7 rows: 2XL (E/F)</p> <p>2128 white 2128 sand 2128 black</p>	<ul style="list-style-type: none"> • Comfort bra with a very high cotton content • Cotton absorbs moisture, keeping the skin nice and dry • High percentage of cotton fabric, thus particularly kind to sensitive skin. Cotton absorbs moisture (sweat) <p>90 % Cotton 10 % Elastane</p>
<p>FLEUR Soft Bra Front Closure basic</p> 	<p>XS (60/65); S (70/75); M (80/85); L (90/95); XL (100/105); 2XL (110/115)</p> <p>Cup: A/B, C/D, E/F</p> <p>Hook and eye fasteners: 4 rows: XS(A/B, C/D); S(A/B); M (A/B) 5 rows: XS (E/F); S (C/D, E/F); M (C/D, E/F); L (A/B, C/D) XL(A/B, C/D); 2XL(A/B, C/D) 6 rows: L (E/F); XL (E/F) 7 rows: 2XL (E/F)</p> <p>44672 white 44671 sand 44695 grey 44853 black melange* NEW</p>	<ul style="list-style-type: none"> • High percentage of cotton fabric, thus particularly kind to sensitive skin. Cotton absorbs moisture (sweat) • Padded straps ensure a high level of comfort, relieve pressure on the shoulders, avoid cutting into the skin so that lymphatic drainage is not impeded • Straps are adjustable at the back for a perfect fit <p>90 % Cotton 10 % Elastane</p>

See page 95 for sizing chart.
*while stock lasts

Overview

Product name Price category	Sizes Item No. Colour	Features Material
<p>SANDRA Soft Bra Front Closure basic</p> 	<p>S (70 A); M (75 A/B); L (80 B), XL (85 B/C); 2XL (90 B/C); 3XL (95 C); 4XL (100 C/D)</p> <p>Hook and eye fasteners: 5 rows: S, M 6 rows: L 7 rows: XL; 2XL 8 rows: 3XL; 4XL</p> <p>0622 white</p>	<ul style="list-style-type: none"> • Feminine stretchy lace design • Includes cotton padding for filling each of the cotton pockets as desired <p>50 % Polyamide 45 % Cotton 5 % Elastane</p>
BREAST FORMS AND ACCESSOIRES		
<p>REMOVABLE DRAINAGE POUCH basic</p> 	<p>S (approx. 15x18 cm) L (approx. 20x20 cm)</p> <p>2107 white</p>	<ul style="list-style-type: none"> • With velcro fastening to keep the pouches securely in place • Standard format and size to fit any drainage system <p>95 % Cotton 5 % Elastane</p>
<p>PRIFORM basic</p> 	<p>1/2, 3/4, 5/6, 7/8, 9/10, 11/12, 13/14</p> <p>216 nude</p>	<ul style="list-style-type: none"> • Very soft fabric for temporary use after surgery, filled with light cotton padding for adapting the volume as desired • Soft cotton material on the back for optimal comfort <p>Front: 86 % Polyamide 14 % Elastane</p> <p>Back: 100 % Cotton</p>

See page 95 for sizing chart.

BREAST FORMS AND SHAPERS

OUR TECHNOLOGIES & INNOVATIVE BREAST CARE.....	30
AMOENA BALANCE PORTFOLIO OVERVIEW	32
BALANCE ADAPT AIR.....	34
BALANCE CONTACT	34
BALANCE NATURA	35
BALANCE ESSENTIAL.....	35
SIZING & SIZING CHART.....	90
INDEX.....	108
BREAST FORMS PORTFOLIO OVERVIEW	36
ADAPT AIR.....	38
CONTACT	40
ENERGY.....	42
NATURA	44
ESSENTIAL.....	45
ACCESSORIES	48
SIZING & SIZING CHART.....	92
INDEX.....	110

WHERE
CONFIDENCE
GROWS



BREAST FORMS AND SHAPERS

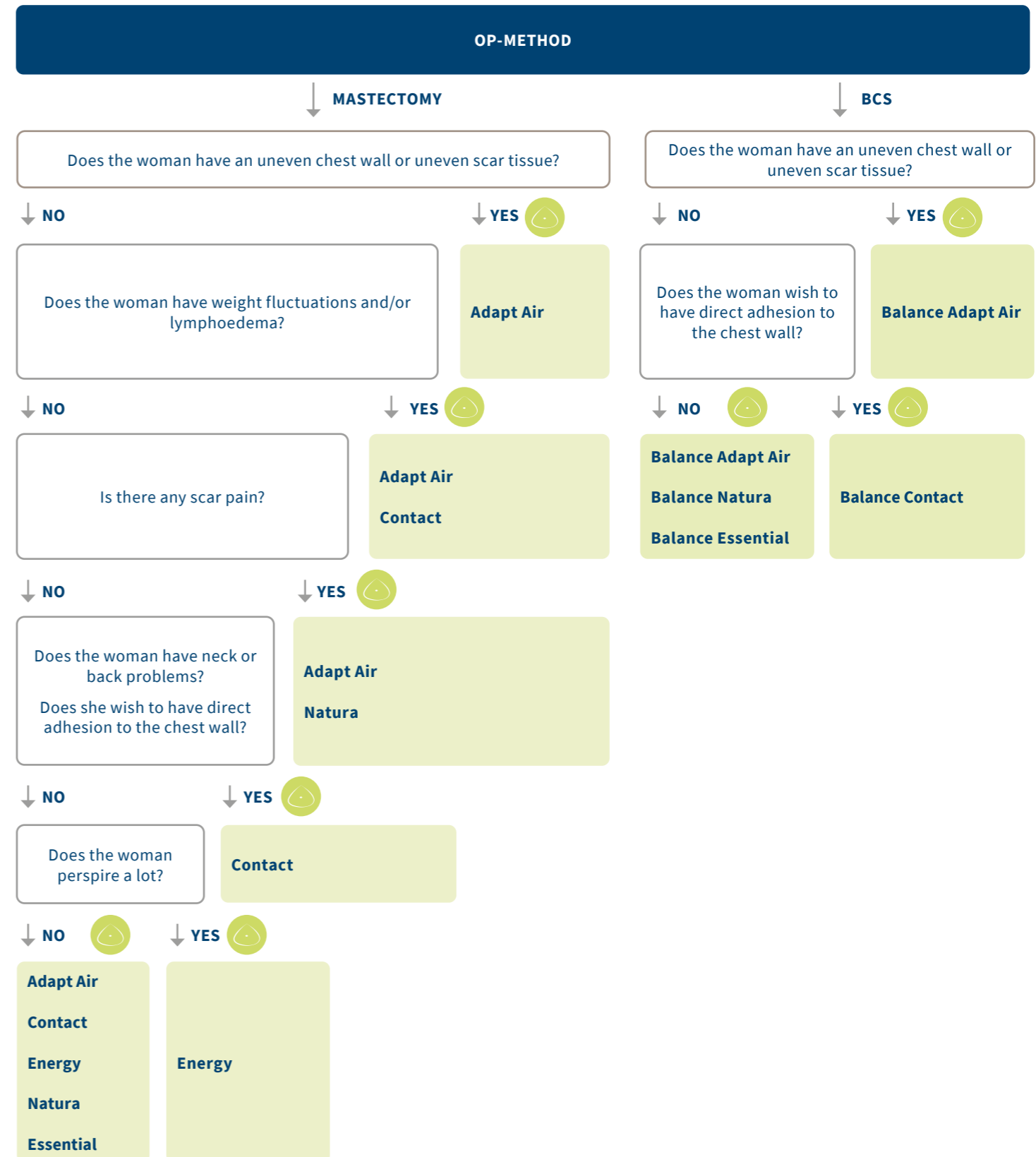
(Balance) Adapt Air: with adjustable back

(Balance) Natura: with temperature-regulating back

(Balance) Contact: with a self-adhesive back

(Balance) Essential: for basic care

Energy: with breathable back



OUR TECHNOLOGIES

Constant innovation and setting new standards are driving forces at Amoena. In close cooperation with doctors, medical retailers and women who have had breast surgery, we continuously develop new technologies to optimally respond to patient needs after breast surgery.



Easy adaptation thanks to innovative air chamber technology

Innovative air chamber technology allows the volume to be adjusted so that a close fit can be achieved, even on an uneven chest wall, enabling the form to be adjusted to the individual needs of your patients at any time.



Flexible, individually adjustable back

Particularly close fit even with uneven chest wall.



Temperature equalization from Comfort+ technology

The Comfort+ technology ensures constant and gentle temperature regulation between the body and form. In this way, it prevents unpleasant heat build-up under the form.



Soft and natural thanks to InTouch silicone

A special silicone formulation combined with a smooth and soft film creates a breast form that is as natural as possible in appearance and feel.



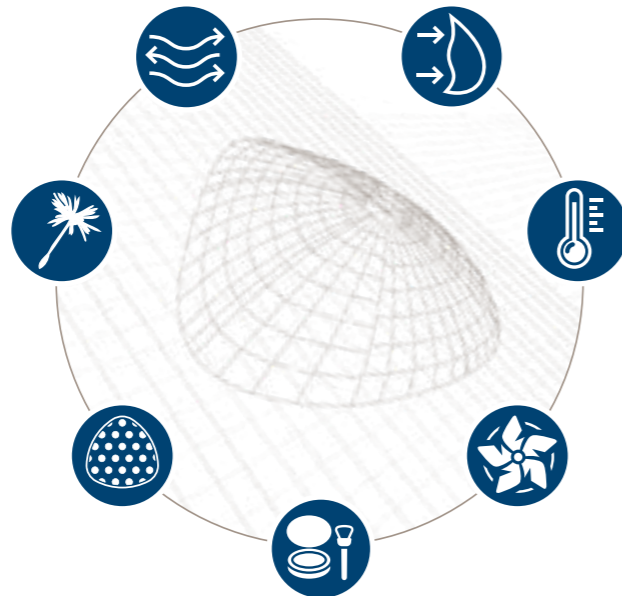
Relief and natural comfort from self-adhesive forms

The Amoena Contact breast forms adhere directly to the skin. Amoena Contact silicone keeps its adhesion with correct care over the entire life span of the breast form.



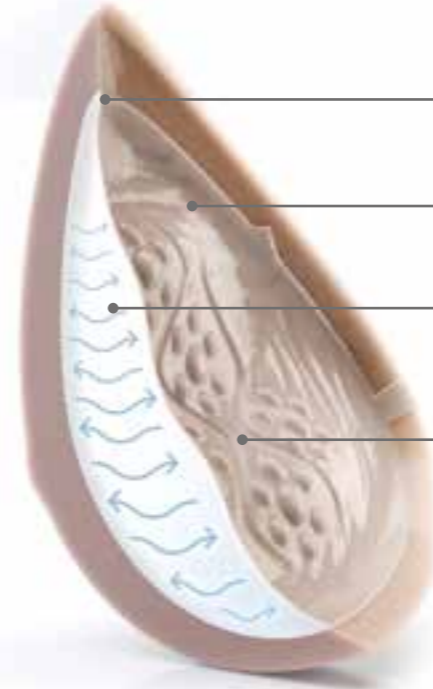
Natural look with natural feel

A combination of lightweight and standard silicone that looks, feels and moves like a real breast. For a lightweight breast form with an ultra-soft feeling and a natural-looking drape.



INNOVATIVE BREAST CARE

Adapt air breast form



Flexible, individually adjustable back
Particularly close fit even with uneven chest wall.



Comfort+ technology
For less heat build-up and perspiration behind the breast form

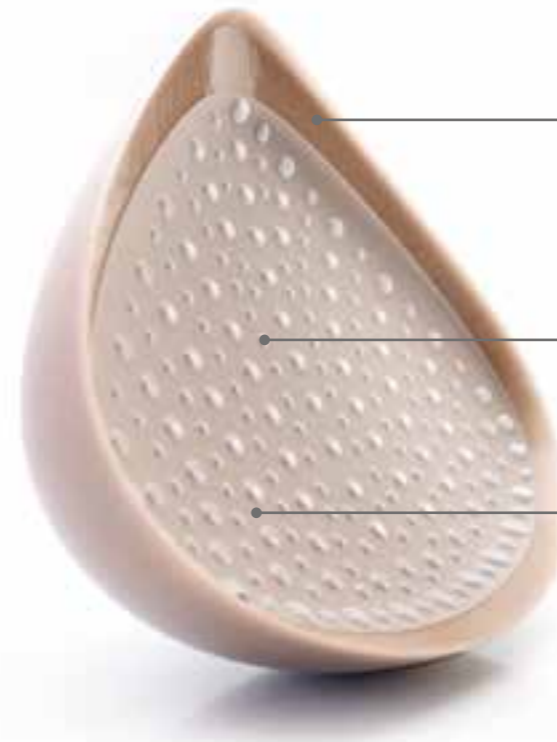


Air chamber technology
Precisely and individually adjustable in volume



Matt-soft **special membrane** and **premium silicone** for a comfortable wearing feeling. Lightweight thanks to **InTouch Light or Xtra Light silicone** (25% to 40% lighter)

Contact breast form



Comfort+ technology
For less heat build-up and perspiration behind the breast form



Matt-soft **special membrane** and **premium silicone** for a comfortable wearing experience



Lightweight thanks to **InTouch Light silicone** (25% lighter)

BALANCE – BREAST SHAPERS

PORTFOLIO OVERVIEW

Amoena breast shapers balance out asymmetry after breast-conserving therapy, breast reconstruction, multiple biopsies, or in the case of natural uneven breast development. The soft silicone shapers fit snugly against the natural curves of the remaining breast tissue and fill the bra cup for a symmetrical silhouette, preventing tension, improving posture and correcting muscular imbalances.

AVAILABLE COLOURS



- **Invisible** – fine edges ensure a natural fit between the shaper and the body
- **Versatile** – various shapes, sizes and thicknesses available for optimal customisation
- **Simple** – required thickness can be determined using our simple, tried-and-tested cup difference method

BALANCE ADAPT AIR

Breast shaper with an adjustable back (page 34)



BALANCE CONTACT

Breast shaper with a self-adhesive back (page 34)



BALANCE NATURA

Breast shaper with a temperature-regulating back (page 35)

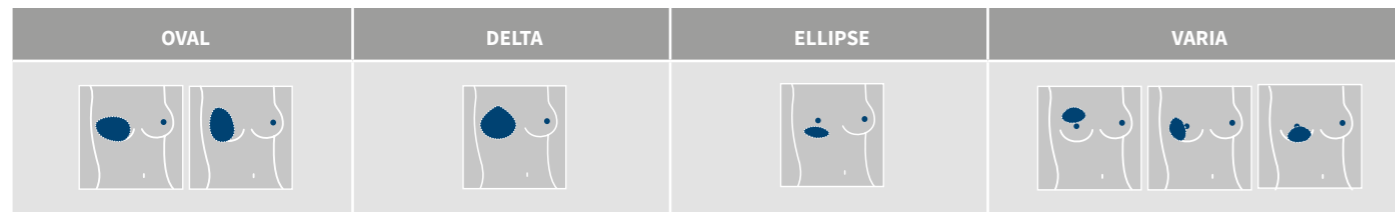


BALANCE ESSENTIAL

Breast shaper for basic care (page 35)



BALANCE – BREAST SHAPERS



BALANCE ADAPT AIR

Breast shaper with an adjustable back

- Precisely and individually adaptable thanks to integrated AirChamber Technology – the perfect fit every time, even for patients who experience weight fluctuations or swelling due to lymphoedema.
- Sits close to the body thanks to flexible, adjustable back
- Fine volume adjustment offers greater flexibility when choosing a bra
- Reduces heat and perspiration thanks to Comfort+ technology



Premium



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	Balance Adapt Air MD	233	Delta	Average/volume (adjustable)	1–2cm and >2 cm	2–12	Ivory	3
	Balance Adapt Air SV	234	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	3

BALANCE CONTACT

Breast shaper with a self-adhesive back

- Adapts especially well to the movement of the body
- Stays firmly in place
- Reduces heat and perspiration thanks to Comfort+ technology

Premium



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	Balance Contact MD	229	Delta	Medium	1–2cm	2–12	Ivory	2
	Balance Contact VD	230	Delta	Volume	> 2cm	3/4–9/10	Ivory	2
	Balance Contact SV	286	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	2

BALANCE NATURA

Breast shaper with a temperature-regulating back

- Reduces heat and perspiration thanks to Comfort+ technology

Advanced



Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	Balance Natura TO	227	Oval	Thin	< 1cm	S–XL	Ivory	2
	Balance Natura TD	217	Delta	Thin	< 1cm	1–10	Ivory	2
	Balance Natura MD	220	Delta	Medium	1–2cm	2–12	Ivory	2
	Balance Natura VD	222	Delta	Volume	> 2cm	3/4–9/10	Ivory	2
	Balance Natura Light VD	221	Delta	Volume, 25 % lighter	> 2cm	3/4–11/12	Ivory	2
	Balance Natura SE	231	Ellipse	Special shape	Cup difference method not applicable	S–XL	Ivory	2
	Balance Natura SV	285	Varia	Special shape	Cup difference method not applicable	S–XL	Ivory	2

Basic



BALANCE ESSENTIAL

Breast shaper that provides the basic care needed for a symmetrical appearance

Image	Product name	Item no.	Shape	Thickness	Suitable for cup difference	Sizes	Colour	Layers
	Balance Essential TO	228	Oval	Thin	< 1cm	S–XL	Ivory	1
	Balance Essential TD	218	Delta	Thin	< 1cm	1–10	Ivory	1
	Balance Essential MD	223	Delta	Average	1–2cm	2–12	Ivory Tawny 4–10	1
	Balance Essential VD	225	Delta	Volume	> 2cm	3/4–9/10	Ivory	1
	Balance Essential Light VD	224	Delta	Volume, 25 % lighter	> 2cm	3/4–11/12	Ivory Tawny 3/4 – 9/10	1
	Balance Essential SE	232	Ellipse	Special shape	Cup difference method not applicable	S–XL	Ivory	1

Sizing chart, fitting tips and advice regarding the cup difference method on page 90 and 91.

BREAST FORMS

PORTFOLIO OVERVIEW

AVAILABLE COLOURS



Ivory

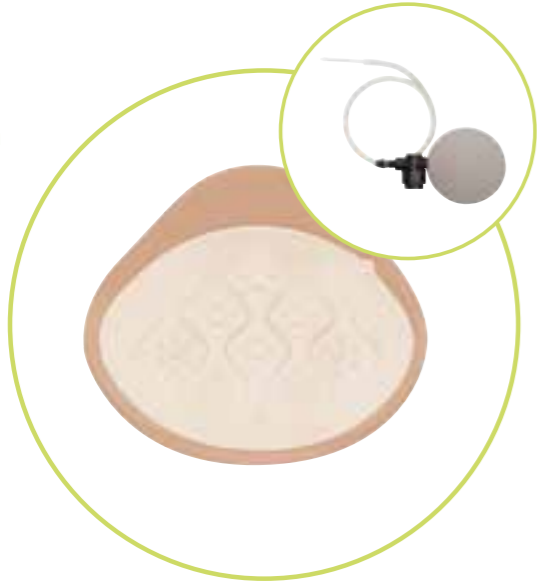


Tawny

ADAPT AIR

Breast form with an adjustable back
(page 38)

Premium



CONTACT

Breast form with a self-adhesive back
(page 40)

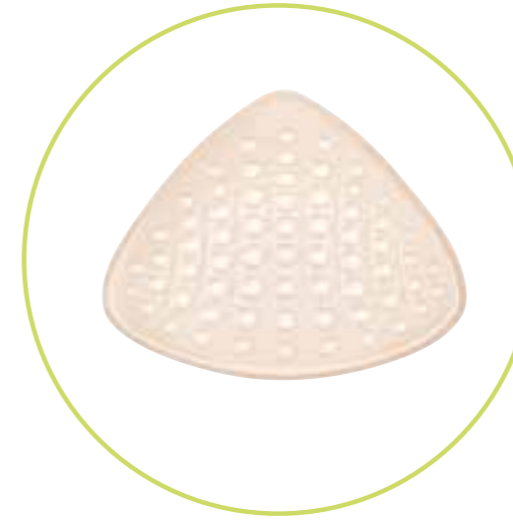
Premium



ENERGY

Breast form with a breathable back
(page 42)

Advanced



NATURA

Breast form with a temperature-regulating back
(page 44)

Advanced



ESSENTIAL

Breast form that provides the basic care needed for a symmetrical appearance
(page 46)

Basic



ADAPT AIR





Premium

Overview

Breast form with an adjustable back



ADAPT AIR triple-layer breast form

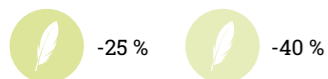
-  Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
-  **Comfort+**
Reduces heat and perspiration beneath the breast form
-  **AirChamber Technology**
 - Precisely and individually adaptable thanks to integrated AirChamber Technology – the perfect fit every time, even for patients who experience weight fluctuations or swelling due to lymphoedema
 - Fine volume adjustment offers greater flexibility when choosing a bra
 - Reduces heat and perspiration thanks to Comfort+ material
 - Lightweight: InTouch Light and Xtra Light silicone make the breast form 25-40 % lighter
-  **Flexible, individually adjustable back**
Particularly close fit even with uneven chest wall.

PARTICULARLY SUITABLE FOR WOMEN WHO:

- have uneven scar tissue
- experience weight fluctuations (and the resulting fluctuations in cup size)
- have swelling from lymphoedema



WEIGHT OPTIONS



COLOURS



Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Layers	Colour*
	Adapt Air Xtra Light 1S^N	328	 1 – shallow	– 40 %	S	1–14	3	Ivory
	Adapt Air Xtra Light 2S^N	326	 2 – average	– 40 %	S	1–14	3	Ivory Tawny (upon request)
	Adapt Air Light 1S^N	329	 1 – shallow	– 25 %	S	1–14	3	Ivory
	Adapt Air Light 2S^N	327	 2 – average	– 25 %	S	1–14	3	Ivory

For fitting tips and sizing chart see page 92 and 93.



1) OVERVIEW OF CUP FORMS:

- 1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

2) OVERVIEW OF FORMS:

- S = Symmetrical:** Can be worn on the left and right side interchangeably
- A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

*Light und Xtra Light forms have a more muted colour.

CONTACT




Premium

Overview

Breast form with a self-adhesive back



CONTACT triple-layer breast form

-  Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
-  **Comfort+**
Reduces heat and perspiration behind the breast form
-  **Contact**
 - Adapts to body movements just like a natural breast
 - Provides relief for neck and shoulders thanks to direct adhesion to the chest wall
 - Offers more flexibility when choosing clothes



PARTICULARLY SUITABLE FOR WOMEN WHO:

- suffer from shoulder/neck pain
- have a larger cup size
- have lymphoedema

Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Layers
	Contact Light 2S	380	 2 – average	- 25 %	S	1-14	Ivory	3
	Contact Light 3S	385	 3 – volume	- 25 %	S	0-10	Ivory	3
	Contact 1S	384	 1 – shallow	full even weight distribution	S	1-14	Ivory	3
	Contact 2S	381	 2 – average	full even weight distribution	S	1-12	Ivory	3
	Contact 2A	383	 2 – average	full even weight distribution	A	0-12 L/R	Ivory	3
	Contact 3S	382	 3 – volume	full even weight distribution	S	0-10	Ivory Tawny	3
	Contact 3E	386	 3 – volume	full even weight distribution	E	1-14 L/R	Ivory Tawny (upon request)	3

For fitting tips and sizing chart see page 92 and 93.

WEIGHT OPTIONS

-  Full weight adjustment
-  -25 %

COLOURS

-  Ivory
-  Tawny



1) OVERVIEW OF CUP FORMS:

- 1 - Shallow cup form:** concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form
- 2 – Average cup form:** even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size
- 3 – Full cup form:** convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

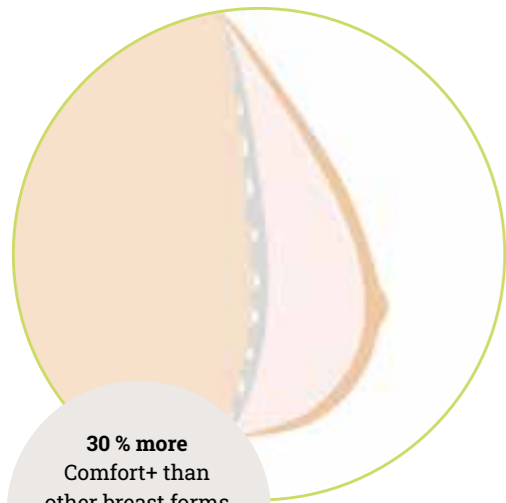
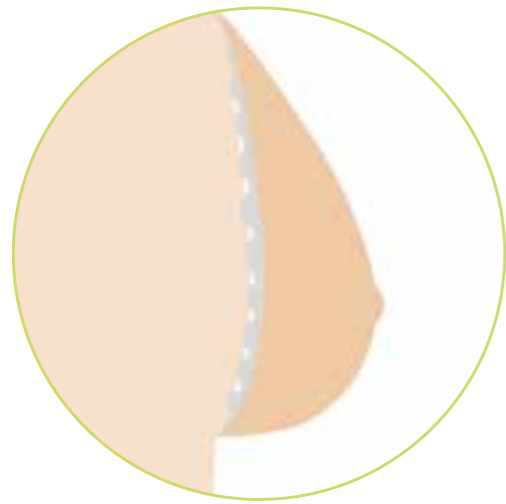
2) OVERVIEW OF FORMS:

- S = Symmetrical:** Can be worn on the left and right side interchangeably
- A = Asymmetrical:** Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm
- E = Extra:** Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

*Light und Xtra Light forms have a more muted colour.

ENERGY

Breast form with a breathable back



30 % more Comfort+ than other breast forms for even better temperature regulation

Energy triple-layer breast form

- Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
- Comfort+**
Reduces heat and perspiration behind the breast form
- 3D pearls**
Ensure optimal air circulation and allow moisture to evaporate

Energy Cosmetic triple-layer breast form

- Comfort+**
Reduces heat and perspiration behind the breast form
- +**
- Cosmetic**
Lightweight form with a natural appearance

PARTICULARLY SUITABLE FOR WOMEN WHO:

- experience hot flushes due to menopause or medication
- have a tendency to perspire in hotter temperatures
- take part in sports

WEIGHT OPTIONS

- Full weight adjustment
- 20 %
- 25 %

COLOURS

- Ivory
- Tawny

Advanced

Overview

Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Layers
	Energy Light 2 S	342	2 – average	– 25 %	S	1–14	Ivory Tawny (upon request)	3
	Energy Cosmetic 2S*	310	2 – average	– 20 %	S	1–14	Ivory	3
	Energy Cosmetic 3S*	311	3 – volume	– 20 %	S	1–12	Ivory	3
	Energy 1S	349	1 – shallow	full even weight distribution	S	1–12	Ivory	3

For fitting tips and sizing chart see page 92 and 93.

*while stock last until 2025

1) OVERVIEW OF CUP FORMS:

1 - Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form

2 – Average cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

3 – Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

2) OVERVIEW OF FORMS:

S = Symmetrical: Can be worn on the left and right side interchangeably

A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm

E = Extra: Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

*Light und Xtra Light forms have a more muted colour.

NATURA

Breast form with a temperature-regulating back.



NATURA double-layer breast form

- Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
- Comfort+**
Reduces heat and perspiration behind the breast form

PARTICULARLY SUITABLE FOR WOMEN WHO:

- have soft breast tissue (Natura 1S and 3E)
- want or need a very light breast form (Natura Xtra Light)

NATURA triple-layer breast form

- Soft, matte PU film and premium-quality silicone guarantee a pleasant feel
- Comfort+**
Reduces heat and perspiration behind the breast form



Soft gel back

Sits comfortably against sensitive scar tissue

or

- Cosmetic**
Lightweight form that comes in plain, natural colours

PARTICULARLY SUITABLE FOR WOMEN WHO:

- have sensitive scar tissue

WEIGHT OPTIONS

- Full weight adjustment
- 20 %
- 25 %
- 40 %

COLOURS

- Ivory
- Tawny

Advanced

Overview

Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Layers
	Natura Xtra Light 1S ^N	401	1 – shallow	- 40 %	S	1–14	Ivory	2
	Natura Xtra Light 2S ^N	400	2 – average	- 40 %	S	1–17	Ivory Tawny	2
	Natura Light 1S ^N	402	1 – shallow	- 25 %	S	1–14	Ivory	3
	Natura Light 1S	664	1 – shallow	- 25 %	S	1–14	Ivory	3
	Natura Light 2S	390	2 – average	- 25 %	S	1–17	Ivory Tawny	3
	Natura Light 2A	392	2 – average	- 25 %	A	0–14 L/R	Ivory	3
	Natura Light 3S	391	3 – volume	- 25 %	S	0–12	Ivory	3
	Natura Cosmetic 2S ^{N*}	323	2 – average	-20 %	S	1–14	Ivory	3
	Natura Cosmetic 3S*	321	3 – volume	-20 %	S	1–12	Ivory	3
	Natura Cosmetic 3E*	322	3 – volume	-20 %	E	1–14 L/R	Ivory	3
	Natura 1S	396	1 – shallow	full even weight distribution	S	1–14	Ivory	2
	Natura 2S	398	2 – average	full even weight distribution	S	1–10	Ivory	3
	Natura 2A	393	2 – average	full even weight distribution	A	0–12 L/R	Ivory	3
	Natura 3S	395	3 – volume	full even weight distribution	S	0–12	Ivory	3
	Natura 3E	397	3 – volume	full even weight distribution	E	1–14 L/R	Ivory	2

For fitting tips and sizing chart see page 92 and 93.

*while stock last until 2025

1) OVERVIEW OF CUP FORMS:

1 - Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form

2 – Average cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

3 – Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

2) OVERVIEW OF FORMS:

S = Symmetrical: Can be worn on the left and right side interchangeably

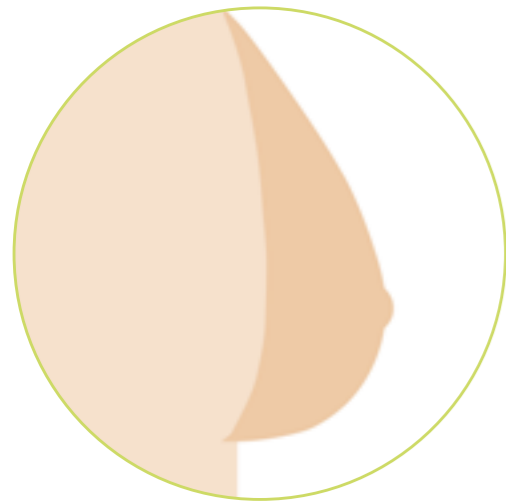
A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm

E = Extra: Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

*Light und Xtra Light forms have a more muted colour.

ESSENTIAL

Breast form that provides the basic care your patient needs for a symmetrical appearance



Single-layer breast form

Soft, matte PU film and high-quality silicone guarantee a pleasant feel

Standard and lightweight breast forms to create a symmetrical appearance and restore a feminine silhouette.

High-quality basic care covered by health insurance.

PARTICULARLY SUITABLE FOR WOMEN WHO:

- have undergone ablation/mastectomy
- and wish to recreate a symmetrical appearance

Basic

Overview

Image	Product name	Item no.	Cup form ¹	Weight	Shape ²	Sizes	Colour*	Layers
	Essential Light 1S^N	314	1 – shallow	– 25 %	S	1–14	Ivory	1
	Essential Light 2S	442	2 – average	– 25 %	S	1–17	Ivory Tawny	1
	Essential Light 2A	356	2 – average	– 25 %	A	0–14 L/R	Ivory	1
	Essential Light 3S	367	3 – volume	– 25 %	S	0–12	Ivory	1
	Essential Light 3E	556	3 – volume	– 25 %	E	1–14 L/R	Ivory Tawny (upon request)	1
	Essential 1S*	630	1 – shallow	full even weight distribution	S	1–12	Ivory	1
	Essential 2S	440	2 – average	full even weight distribution	S	1–12	Ivory	1
	Essential 2A	353	2 – average	full even weight distribution	A	0–12 L/R	Ivory	1
	Essential 2E*	474	3 – volume	full even weight distribution	E	0–12	Ivory Tawny (upon request)	1
	Essential 3S	363	3 – volume	full even weight distribution	S	0–12	Ivory	1

For fitting tips and sizing chart see page 92 and 93.

*while stock last until 2024

WEIGHT OPTIONS

Full weight adjustment

-25 %

COLOURS

Ivory

Tawny

1) OVERVIEW OF CUP FORMS:

1 - Shallow cup form: concave silhouette, natural shape with additional volume in the lower cup area and a flatter upper breast; wider basic form

2 - Average cup form: even silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a larger underbust and small to medium cup size

3 - Full cup form: convex silhouette, main volume concentrated in the upper and mid-cup area, especially suitable for women with a smaller underbust and large cup size

2) OVERVIEW OF FORMS:

S = Symmetrical: Can be worn on the left and right side interchangeably

A = Asymmetrical: Specifically designed to be worn on the left or right side respectively. Extended form to compensate for missing tissue under the arm

E = Extra: Specifically designed to be worn on the left or right side respectively. Particularly suitable for women with a smaller cup size and fuller breast shape

*Light und Xtra Light forms have a more muted colour.

ACCESSORIES

Additional breast forms and accessories



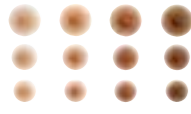





Image	Product name	Item no.	Special features	Material	Form*	Size	Colour
	Aqua Wave Swimform	149	Blue transparent silicone form for water activities. Structured back allows water and air to pass through. Comes with waterproof case		S	1-14	blue/transparent
	Balance Aqua Wave	150	Blue transparent silicone shaper for water activities. Structured back allows water and air to pass through. Comes with waterproof case		S	1/2-11/12	blue/transparent
	Self-adhesive nipples	136 Ivory, 137 Almond 138 Bronze 139 Tawny	Supple, self-adhesive silicone. For use with our range of breast forms and shapers. Also suitable to wear on reconstructed breasts or nipples. Includes a 30ml bottle of Amoena SoftCleanser for cleaning	2 pcs including 30ml SoftCleanser	-	S 3,4 cm, M 3,9 cm, L 4,9 cm	-
	Demo Kit self-adhesive nipples	134	Demo Kit with nipples in each colour and size to help patients determine which model they need (only available for stockists)	Kit with 12 nipples	-	-	-
	Amoena Soft Cleanser	087	Specially developed for cleaning the adhesive surface of self-adhesive Amoena products (Contact breast forms, Contact breast shapers and nipples). No oil-based ingredients. Also suitable for cleaning non-adhesive breast forms		-	150 ml	-
	Amoena Soft Brush	089	Specially developed for Amoena products. Very soft, round bristles that do not damage the adhesive surface	1 pcs	-	-	-
	Adapt Air Pump	070	Replacement pump for Adapt Air breast forms	1 unit in a polybag including instructions for use	-	-	-

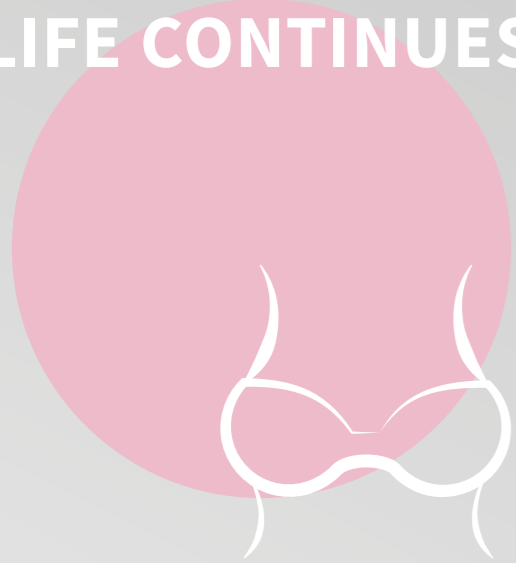
Image	Product name	Item no.	Special features	Material	Form*	Size	Colour
	Breast Form Cover	160	Protects breast forms, seamless front, soft fabric, opening on the back. Hand wash at 30 degrees. Suitable for breast forms 2S and 3S		-	1-17	-
	Contact Back Pad and Foils		Back pads make it possible to wear the Contact breast form in a bra pocket. The foils protect the adhesive back while they are being stored. Different shapes available for different breast form sizes	Includes 1 back pad and 2 foils	-	-	-
	for items 380, 381 (2S)	172			-	-	-
	L/R for item 386 (3E)	171			-	-	-
	L/R for item 383 (2A)	170			-	-	-
	for item 384 (1S)	167			-	-	-
	for item 382, 385 (3S)	168			-	-	-
	for item 286 (SV)	146			-	-	-
	for item 229 (BMD), 230 (BVD)	173			-	-	-

LINGERIE AND SWIMWEAR

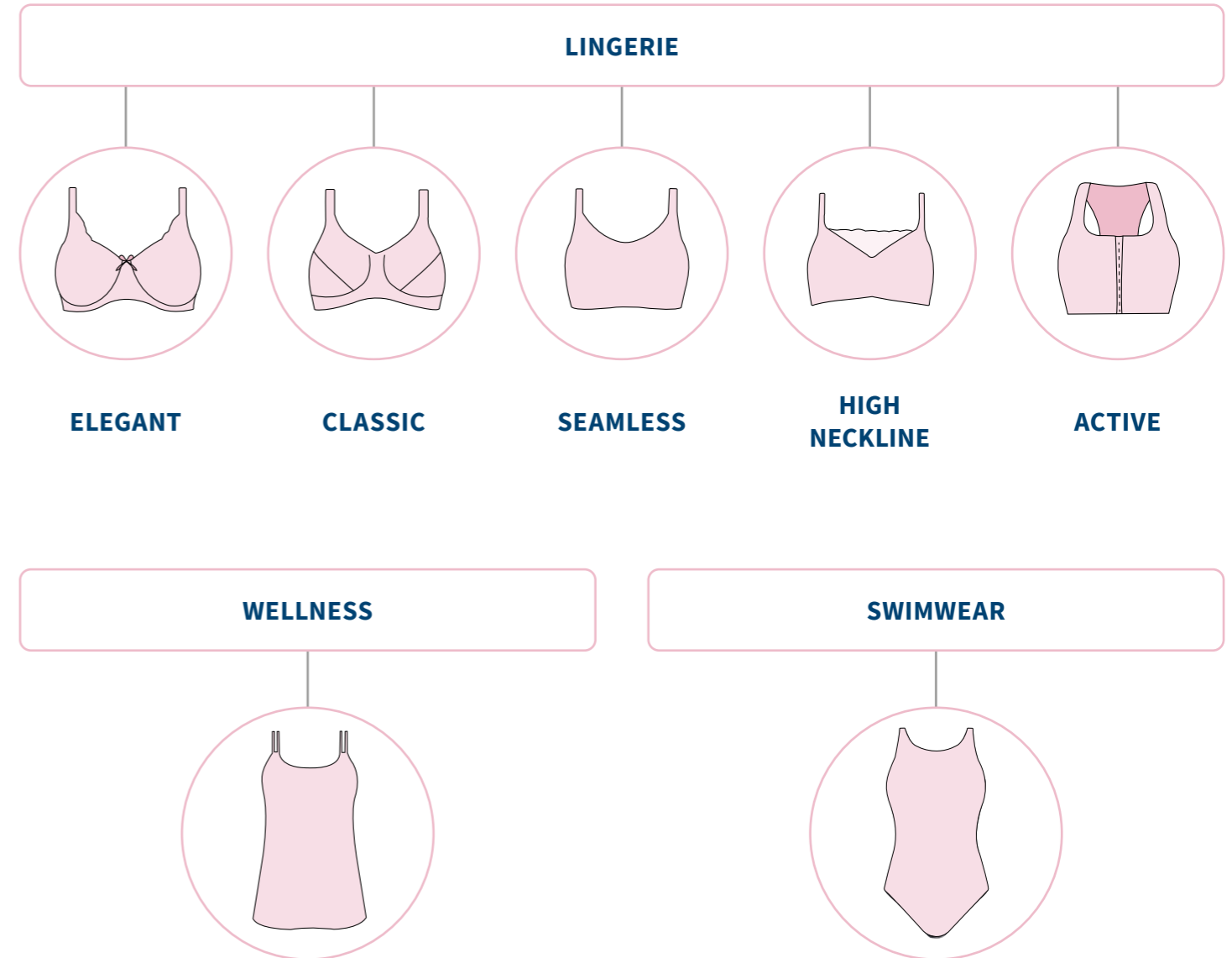
PORTFOLIO OVERVIEW	51
EXCLUSIVES AMOENA SPECIAL GARMENTS & MATERIALS.....	52
LINGERIE	54
ELEGANT.....	54
CLASSIC.....	58
SEAMLESS.....	64
HIGH CUT.....	70
ACTIVE.....	72
WELLNESS.....	74
SWIMWEAR	76
FITTING GUIDE, SIZING CHART & PERFECT FIT	94
INDEX.....	112



WHERE EVERYDAY
LIFE CONTINUES



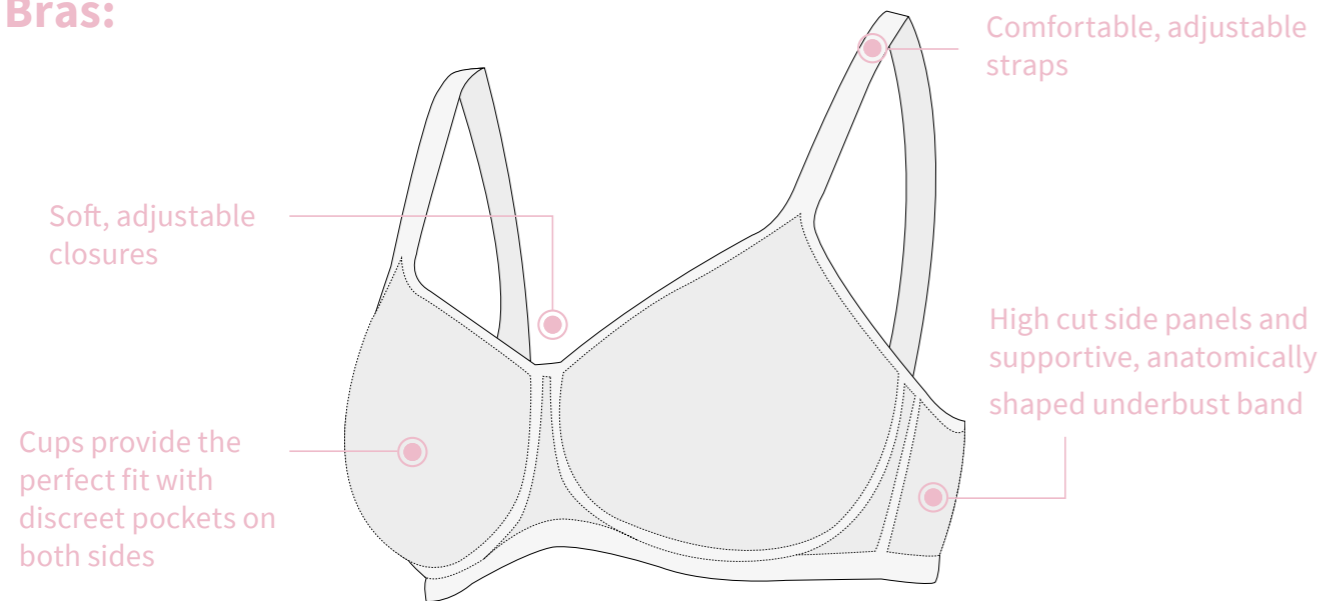
LINGERIE AND SWIMWEAR PORTFOLIO OVERVIEW



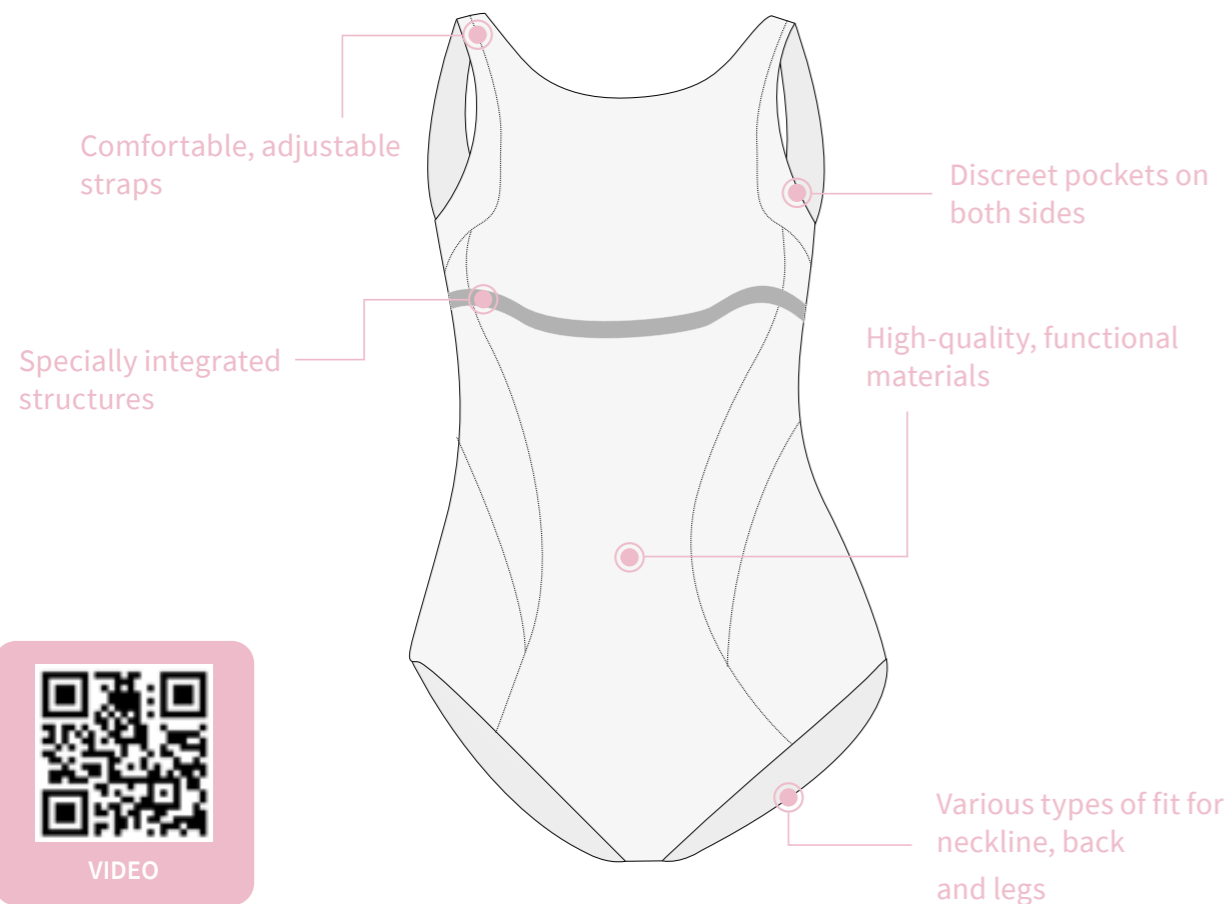
EXCLUSIVES

AMOENA SPECIAL GARMENTS

Bras:



Swimwear:



MATERIALS

Our special bras and swimwear are made with only the highest quality materials.



OekoTex®

OEKO-TEX® STANDARD 100 is one of the world's best-known labels for textiles tested for harmful substances. The OEKO-TEX® testing institutes use it for the globally standardised certification of the safety of textile products in terms of human health. This involves subjecting not only the textiles themselves, but also upstream products and all the components of the product to thorough testing. Products that pass this test are permitted to bear the label "OEKO-TEX® STANDARD 100 - Textiles you can trust." The certification is valid for one year. We only use materials certified by OEKO-TEX® in our production process.



TENCEL™ Modal

- TENCEL™ Modal fibres are derived from wood grown under controlled, sustainable forestry conditions
- These fibres are produced through an innovative process with low environmental impact
- TENCEL™ fibres are very soft and breathable
- TENCEL™ is a trademark of Lenzing AG



Bamboo

- Bamboo is a renewable resource
- It is an environmentally friendly fibre thanks to its lower water consumption, fast regrowth and pesticide-free cultivation
- The bamboo cellulose is manufactured by a viscose process and the resulting fibres can be processed into various textiles. Materials can be lightweight, breathable and have natural antibacterial properties.

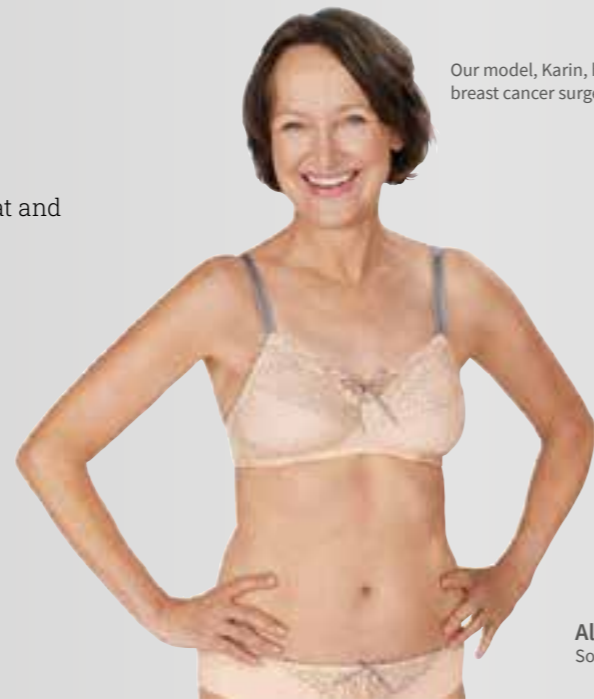


LYCRA® XTRA LIFE™

- LYCRA® XTRA LIFE™ Elastane ensures long lasting fit and shape retention
- It is up to 10x more resistant to harmful effects of the swim environment like suntan lotion, heat and chlorine than unprotected Elastane
- Swimwear looks like new for longer
- LYCRA® XTRA LIFE™ is a trademark of The LYCRA Company

ELEGANT

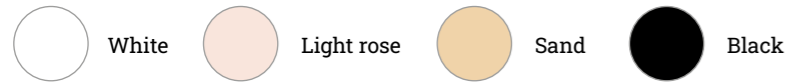
This feminine lingerie adorned with pretty lace, looks great and is comfortable too.



Our model, Karin, has had breast cancer surgery

Alina
Soft Bra Padded

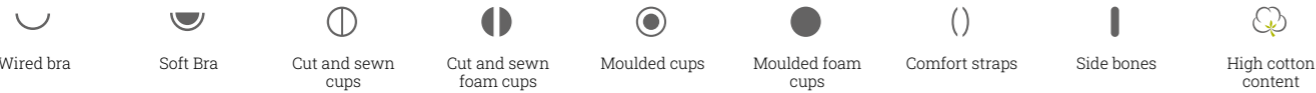
COLOURS



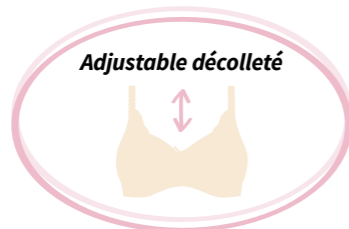
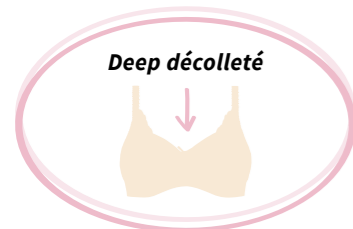
FEATURES

- Eye-catching styles featuring plenty of lace
- Customisable styles that can be personalised
- Comfortable and adjustable with elastic straps
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 100 E

BRA FEATURES











POCKET FEATURES



Overview












Sizing charts
see page 95.

Product name Price category	Sizes Item No. Colour	Features Material
ALINA Soft Bra premium 	75-95 A, B, C, D 2 rows: 75-95 A; 75-90 B; 75-85 C; 75-80 D 3 rows: 95 B; 90-95 C; 85-95 D  44509 light rose/grey	<ul style="list-style-type: none"> • Adjustable for two wearing options: higher cut to conceal any skin irritation and scarring, or lower cut for a more open décolleté  82 % Polyamide 12 % Elastane 6 % Polyester
ALINA Soft Bra Padded premium 	75-95 A, B, C, D 2 rows: 75-95 A; 75-90 B; 75-85 C; 75-80 D 3 rows: 95 B; 90-95 C; 85-95 D  44850 light rose/grey	<ul style="list-style-type: none"> • Deep décolleté ideal for our shapers and breast form 3E • Thinly padded cups hide unevenness and skin irritations  56 % Polyamide 25 % Polyurethane 10 % Polyester 9 % Elastane
ALINA Panty premium 	38-46  44512 light rose/grey	<ul style="list-style-type: none"> • No visible lines under clothing thanks to soft, flat hems around the leg • Comfortable, soft crotch area lined with cotton 69 % Polyamide 12 % Elastane 10 % Cotton 9 % Polyester

Product colours may vary slightly from those shown in the photos.

Overview

Sizing charts
see page 95.

Product name Price category	Sizes Item No. Colour	Features Material
KAROLINA Soft Bra premium 	70–100 A, B, C, D, E 2 rows: 70–95 A; 70–90 B; 70–85 C; 70–80 D; 70–75 E 3 rows: 100 A, 95–100 B; 90–100 C; 85–100 D; 80–100 E  44505 white/light sand 44856 sand 44763 black/sand	<ul style="list-style-type: none"> • Pockets made from breathable, temperature-regulating microfibre material  75 % Polyamide 20 % Elastane 5 % Viscose
KAROLINA Soft Bra Padded premium 	75–100 AA, A, B, C, D 2 rows: 75–100 AA, 75–95 A; 75–90 B; 75–85 C; 75–80 D 3 rows: 100 A; 95–100 B; 90–100 C; 85–100 D  44506 white/light sand 44857 sand 44764 black/sand	<ul style="list-style-type: none"> • Padded cups cover any unevenness and skin irritation  55 % Polyamide 27 % Polyester 14 % Elastane 4 % Viscose
KAROLINA Wired Bra premium 	75–100 A, B, C, D, E 2 rows: 75–95 A; 75–90 B; 75–85 C; 75–80 D; 75 E 3 rows: 100 A, 95–100 B; 90–100 C; 85–100 D; 80–100 E  44507 white/light sand 44858 sand 44765 black/sand	<ul style="list-style-type: none"> • Pockets made from breathable, temperature-regulating microfibre material  77 % Polyamide 20 % Elastane 3 % Viscose
KAROLINA Panty premium 	36–48  44508 white/light sand 44859 sand 44766 black/sand	<ul style="list-style-type: none"> • Comfortable, soft crotch area lined with cotton 71 % Polyamide 20 % Elastane 7 % Cotton 2 % Viscose

Product colours may vary slightly from those shown in the photos.



Our model, Aurélie, has had breast cancer surgery

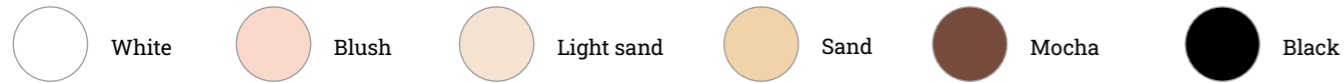
CLASSIC

Lingerie that combines function with timeless design for everyday use – the perfect companion for any occasion



Isadora
Soft Bra

COLOURS



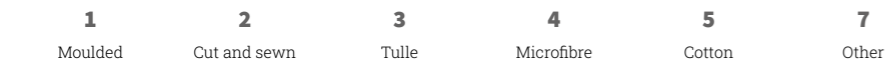
FEATURES

- Functional features such as a front closure and wide, padded and adjustable comfort straps provide relief for the neck and shoulders
- Functional materials: very skin friendly cotton and breathable microfibre
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 115 G

BRA FEATURES



POCKET FEATURES




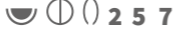







Overview

Sizing charts
see page 95.

Product name Price category Item No. Colour	Sizes	Features Material	
NEW CAMILLA Soft Bra advanced	75–100 A, B, C, D, E 2 rows: 75–100 AA; 75–95 A; 75–90 B; 75–85C; 75–80 D; 75 E 3 rows: 100 A; 95–100 B; 90–100 C; 85–100 D; 80–100 E	<ul style="list-style-type: none"> • 3-section cup for perfect support even for larger sizes • Wide, padded front straps for optimal comfort • Straps are adjustable at the back • Higher coverage at the side and back part for high stability <p>86 % Polyamide 14 % Elastane</p>	
<p>44871 black/sand</p>	NEW CAMILLA Soft Bra Padded advanced	75–95 AA, A, B, C, D 2 rows: 75–100 AA; 75–95 A; 75–90 B; 75–85 C; 75–80 D 3 rows: 100 A; 95–100 B; 90–100 C; 85–100 D	<ul style="list-style-type: none"> • Padded foam cup covered with decorative all-over lace for an ideal cup shape • Wide, padded front straps for optimal comfort • Straps are adjustable at the back • Higher coverage at the side and back for high stability <p>82 % Polyamide 18 % Elastane</p>
<p>44928 black/sand</p>	NEW CAMILLA Wired Bra advanced	75 - 95 B, C, D, E, F 2 rows: 75–90 B; 75–85 C; 75–80 D; 75 E 3 rows: 95 B; 90–95 C; 85–95 D; 80–95 E; 75–95 F	<ul style="list-style-type: none"> • 3-section cup for perfect support even for large sizes • Straps are adjustable at the back • Higher coverage at the side and back part for high stability <p>81 % Polyamide 19 % Elastane</p>
<p>44929 black/sand</p>			

Overview


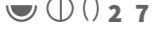







Sizing charts
see page 95.

Product name Price category Item No. Colour	Sizes	Features Material
ISADORA Soft Bra <i>advanced</i> 	75-115 A, B, C, D, E; 75-100 F, G 2 rows: 75-90 A; 75-90 B, C; 75-85 D 3 rows: 95-115 A, B; 95-105 C; 90-100 D; 75-95 E; 75-90 F; 75-85 G 4 rows: 110-115 C; 105-115 D; 100-115 E; 95-100 F; 90-100 G	<ul style="list-style-type: none"> Cup construction with lateral support specially developed for larger sizes Ultra-soft breathable cotton pockets at lower part ideal for sensitive skin  2 5 7 44 % Polyamide 29 % Polyester 14 % Elastane 13 % Cotton
 0947 white 44804 blush 0948 sand 44855 mocha 44114 black		
JASMIN Soft Bra <i>advanced</i> 	70-95 AA, A, B; 75-95 C 2 rows: 70-95 AA, A, B; 75-95 C	<ul style="list-style-type: none"> Cotton lace detail with stretch, making the bra light and comfortable Ultra-soft breathable cotton pockets at lower part ideal for sensitive skin  2 5 7 68 % Cotton 18 % Polyamide 7 % Elastane 7 % Polyester
 0900N white		
NEW JENNA Soft Bra <i>basic</i> 	75-105 A, B, C, D, E, F 3 rows: 75-95 A; 70-90 B; 75-85 C; 75-80 D; 75 E 4 rows: 100-105 A; 95-105 B; 90-105 C; 85-105 D; 80-105 E; 75-105 F	<ul style="list-style-type: none"> Cup construction is specially designed for larger sizes Ultra-comfy, softly padded straps and closures  2 5 83 % Polyamide 12 % Cotton 5 % Elastane
 44940 blush		



Product colours may vary slightly from those shown in the photos.

Overview



Sizing charts
see page 95.

Product name Price category Item No. Colour	Sizes	Features Material
LESLIE Soft Bra <i>premium</i> 	75-125 A, B, C, D, E; 75-120 F; 75-115 G 2 rows: 75-85 A; 75-80 B; 75 C 3 rows: 90-100 A; 85-95 B; 80-90 C; 75-85 D; 75-80 E; 75 F 4 rows: 105-125 A; 100-125 B; 95-125 C; 90-125 D; 85-125 E; 80-120 F; 75-115 G	<ul style="list-style-type: none"> Structured material, also on the pockets, provides a light massage effect Cup construction specially designed for larger sizes, wide range of sizes Higher coverage of side and back parts and wider underbust band for even greater wearing comfort  2 7 88 % Polyamide 12 % Elastane
 44847 sand		
NANCY Soft Bra <i>basic</i> 	75-110 A, B; 75-120 C, D; 75-115 E, F, G 2 rows: 75-95 A; 75-80 B; 75 C 3 rows: 100-110 A; 85-95 B; 80-90 C; 75-85 D; 75-80 E; 75 F 4 rows: 100-110 B; 95-120 C; 90-120 D; 85-115 E; 80-115 F; 75-115 G	<ul style="list-style-type: none"> Pockets made from breathable, temperature-regulating material  2 4 60 % Polyester 31 % Polyamide 9 % Elastane
 44480 white 1151 light sand 44807 blush 44870 black		
NANCY Soft Bra Front Closure <i>basic</i> 	75-110 A, B; 75-120 C, D; 75-115 E, F, G Front: 5 rows: 75 A; 70 B; 85 B; 80 C; 75 D 6 rows: 80-90 A; 75-80 B; 90 B; 75 C; 85 C; 80 D 7 rows: 95-105 A; 95-100 B; 110 B; 90-95 C; 105-110 C; 85-90 D; 100-105 D; 120 D; 75-80 E; 90-95 E; 110-115 E; 75-80 F; 95-100 F; 75 G; 90-95 G 8 rows: 110 A; 105 B; 100 C; 95 D; 85 E 9 rows: 115-120 C; 110-115 D; 100-105 E; 85-90 F; 110-115 F; 80-85 G; 105-110 G 10 rows: 105 F; 100 G 11 rows: 115 G Back: 2 rows: 70-80 B; 75 C 3 rows: 85-95 B; 80-90 C; 75-85 D; 75-80 E; 75 F 4 rows: 100 B; 95-120 C; 90-120 D; 85-115 E; 80-115 F; 75-115 G	<ul style="list-style-type: none"> Based on our best-selling Nancy Soft Bra with additional front closure Pockets made from breathable, temperature-regulating material  2 4 60 % Polyester 31 % Polyamide 9 % Elastane
 44808 blush 44739 light sand* 44740 dark grey*		

Product colours may vary slightly from those shown in the photos.
*while stock lasts

Product name Price category Item No. Colour	Sizes	Features Material
<p>NORA Soft Bra <i>advanced</i></p>  <p>0555N white*</p>	<p>80-105 A, B, C, D</p> <p>2 rows: 80-85 A, B, C, D 3 rows: 90-105 A, B, C, D</p>	<ul style="list-style-type: none"> Cup construction with lateral support specially developed for larger sizes Ultra-soft breathable cotton pockets ideal for sensitive skin <p>☾ ⊕ ⊖ ♻️ 2 5</p> <p>48 % Cotton 44 % Polyamide 8 % Elastane</p>
<p>RITA Soft Bra <i>basic</i></p>  <p>2004 white 2004 sand 2004 black</p>	<p>75-100 A, B, C; 75-105 D; 80-105 E</p> <p>2 rows: 75-100 A; 75-85 B; 75-80 C 3 rows: 90-100 B; 85-100 C; 75-85 D; 80-85 E 4 rows: 90-105 D, E</p>	<ul style="list-style-type: none"> Pockets made from breathable, temperature-regulating material <p>☾ ⊕ 2 7</p> <p>77 % Polyester 19 % Polyamide 4 % Elastane</p>

Product colours may vary slightly from those shown in the photos.
*while stock lasts

Product name Price category Item No. Colour	Sizes	Features Material
<p>RUTH Soft Bra <i>basic</i></p>  <p>0872 sand*</p>	<p>70-105 AA, A, B; 70-100 C; 70-95 D, E; 70-90 F</p> <p>2 rows: 70-105 AA; 70-100 A; 70-95 B; 70-90 C; 70-85 D 3 rows: 105 A; 100-105 B; 95-100 C; 90-95 D; 70-95 E; 70-90 F</p>	<ul style="list-style-type: none"> High ultra-soft cotton component ideal for sensitive skin (including pockets) <p>☾ ⊕ ⊖ ♻️ 2 5</p> <p>100 % Cotton</p>
<p>TESSA Soft Bra <i>basic</i></p>  <p>44801 blush*</p>	<p>75-105 A, B, C, D, E, F</p> <p>3 rows: 75-100 A; 75-95 B; 75-90 C; 75-85 D; 75-80 E; 75 F 4 rows: 105 A; 100-105 B; 95-105 C; 90-105 D; 85-105 E; 80-105 F</p>	<ul style="list-style-type: none"> Cup construction specially developed for larger sizes Ultra-soft, breathable pockets made from a cotton mix, ideal for sensitive skin <p>☾ ⊕ ⊖ 2 5</p> <p>96 % Polyester 4 % Elastane</p>

Product colours may vary slightly from those shown in the photos.
*while stock lasts

SEAMLESS

T-shirt bras with seamless cups ensure the bra is virtually invisible under clothing.



Eliza
Soft Bra

COLOURS



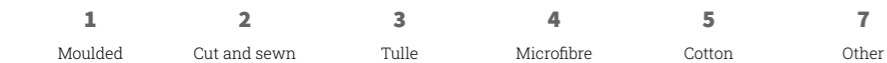
FEATURES

- Smart sizing: innovative materials and technologies provide the perfect support for fluctuations in size and cover intermediate sizes
- Functional materials: very skin friendly (organic) cotton and breathable microfibre
- Moulded padded cups cover any unevenness
- Partially adjustable, wide straps provide relief for the shoulders and neck
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 105 F / 95 G

BRA FEATURES














POCKET FEATURES






Overview



Sizing charts
see page 95.

Product name Price category	Sizes Item No. Colour	Features Material
AMY Soft Bra basic 	S, M, L, XL, 2XL S: 70–85 A, 70–80 B, 70–75 C, 70 D M: 85–95 A, 80–90 B, 75–85 C, 70–80 D, 75 E L: 95–100 A, 90–100 B, 85–95 C, 80–90 D, 75–85 E; XL: 100–105 B, 95–105 C, 90–100 D, 85–95 E 2XL: 105 C, 100–105 D, 95–105 E  44310 blush  44311 black	<ul style="list-style-type: none"> • Special manufacturing technology (bonding) without seams or closures for optimal comfort • Broad back support to provide relief • Entire bra made from breathable, temperature-regulating microfibre materials • Ideal for sleeping  72 % Polyester 28 % Elastane
AYLIN Soft Bra advanced 	S, M, L, XL, 2XL 3 rows: S, M 4 rows: L, XL, 2XL S: 70–85 A, 70–80 B, 70–75 C, 70 D M: 85–95 A, 80–90 B, 75–85 C, 70–80 D, 75 E L: 95–100 A, 90–100 B, 85–95 C, 80–90 D, 75–85 E; XL: 100–105 B, 95–105 C, 90–100 D, 85–95 E 2XL: 105 C, 100–105 D, 95–105 E  44851 blush  44852 black	<ul style="list-style-type: none"> • Special manufacturing technology without seams for ultimate wearing comfort • Broad back support to provide relief • Entire bra made from breathable, temperature-regulating microfibre materials • Ideal for sleeping  72 % Polyester 28 % Elastane
BARBARA Wired Bra Padded advanced 	70–90 A, B, C; 70–85 D 3 rows: 70-90 A, B, C; 70-85 D  0457 sand	<ul style="list-style-type: none"> • Perfect support for pairing with strapless garments • Various ways to wear the straps: strapless, halterneck, crossover, or classic; comes with additional transparent silicone straps • Silicone band on upper edge of the cup for a secure hold and to prevent slipping  72 % Polyamide 14 % Polyester 14 % Elastane

Product colours may vary slightly from those shown in the photos.

Product name Price category Item No. Colour	Sizes	Features Material
<p>BECKY Soft Bra basic</p>  <p>44676 off-white 44677 blush</p>	<p>S, M, L, XL, 2XL</p> <p>S: 70–85 A, 70–80 B, 70–75 C, 70 D M: 85–95 A, 80–90 B, 75–85 C, 70–80 D, 75 E L: 95–100 A, 90–100 B, 85–95 C, 80–90 D, 75–85 E; XL: 100–105 B, 95–105 C, 90–100 D, 85–95 E 2XL: 105 C, 100–105 D, 95–105 E</p>	<ul style="list-style-type: none"> • High ultra-soft organic cotton component ideal for sensitive skin • Special manufacturing knit technology without seams or closures for optimal comfort • Broad back support to provide relief • Ideal for sleeping <p>☾ ● 🌿 1 5</p> <p>60 % Cotton (organic) 32 % Polyamide 8 % Elastane</p>
<p>ELIZA Soft Bra basic</p>  <p>44802 blush 44803 black</p>	<p>S, M, L, XL, 2XL</p> <p>2 rows: S, M, 3 rows: L, XL, 2XL</p> <p>S: 70–85 A, 70–80 B, 70–75 C, 70 D M: 85–95 A, 80–90 B, 75–85 C, 70–80 D, 75 E L: 95–100 A, 90–100 B, 85–95 C, 80–90 D, 75–85 E; XL: 100–105 B, 95–105 C, 90–100 D, 85–95 E 2XL: 105 C, 100–105 D, 95–105 E</p>	<ul style="list-style-type: none"> • Special manufacturing knit technology for optimal comfort • Special knit structure that creates a gentle massaging effect (including pockets) • Light, soft padding in cups that can be removed as required <p>☾ ● 1 7</p> <p>92 % Polyamide 8 % Elastane</p>
<p>KITTY Soft Bra basic</p>  <p>44607 blush</p>	<p>S, M, L, XL, 2XL</p> <p>S: 70–85 A, 70–80 B, 70–75 C, 70 D M: 85–95 A, 80–90 B, 75–85 C, 70–80 D, 75 E L: 95–100 A, 90–100 B, 85–95 C, 80–90 D, 75–85 E; XL: 100–105 B, 95–105 C, 90–100 D, 85–95 E 2XL: 105 C, 100–105 D, 95–105 E</p>	<ul style="list-style-type: none"> • High cotton component ideal for sensitive skin • Special manufacturing knit technology without seams or closures for optimal comfort • Broad back support to provide relief • Ideal for sleeping • Light, soft padding in cups that can be removed as required <p>☾ ● 🌿 1 5</p> <p>69 % Cotton 25 % Polyamide 6 % Elastane</p>




Product colours may vary slightly from those shown in the photos.

Product name Price category Item No. Colour	Sizes	Features Material
<p>KITTY Top advanced</p>  <p>44736 blush*</p>	<p>S, M, L, XL, 2XL</p> <p>S: 70–85 A, 70–80 B, 70–75 C, 70 D M: 85–95 A, 80–90 B, 75–85 C, 70–80 D, 75 E L: 95–100 A, 90–100 B, 85–95 C, 80–90 D, 75–85 E; XL: 100–105 B, 95–105 C, 90–100 D, 85–95 E 2XL: 105 C, 100–105 D, 95–105 E</p>	<ul style="list-style-type: none"> • Based on the Kitty Soft Bra, designed to be worn as a top • High cotton component ideal for sensitive skin • Special manufacturing knit technology without seams or closures for optimal comfort • Ideal for sleeping • Lightweight soft cups can be removed <p>☾ ● 🌿 1 5</p> <p>69 % Cotton 25 % Polyamide 6 % Elastane</p>
<p>LARA Soft Bra Padded advanced</p>  <p>0752 off-white 0674 sand 0675 black</p>	<p>70–100 AA, A, B, C; 75–100 D, E</p> <p>2 rows: 70–100 AA; 70–95 A; 70–90 B; 70–85 C; 75–80 D; 75 E 3 rows: 100 A; 95–100 B; 90–100 C; 85–100 D; 80–100 E</p>	<ul style="list-style-type: none"> • Moulded padded cups cover any unevenness and skin irritation • Moulded pockets made from breathable, temperature-regulating microfibre material <p>☾ ● 1 4</p> <p>84 % Polyamide 16 % Elastane</p>

Product colours may vary slightly from those shown in the photos.
* while stock lasts

Overview




Sizing charts
see page 95.

Product name Price category Item No. Colour	Sizes	Features Material
<p>LARA SATIN Soft Bra Padded <i>advanced</i></p>  <p>44214 sand 44212 black</p>	<p>75-100 AA, A, B, C, D, E</p> <p>2 rows: 75-100 AA; 75-95 A; 75-90 B; 75-85 C; 75-80 D; 75 E</p> <p>3 rows: 100 A; 95-100 B; 90-100 C; 85-100 D; 80-100 E</p>	<ul style="list-style-type: none"> Moulded padded cups cover any unevenness and skin irritation Moulded pockets made from breathable, temperature-regulating microfibre material <p>☾ ● () 1 4</p> <p>74 % Polyamide 15 % Elastane 11 % Polyester</p>
<p>MARA Soft Bra Padded <i>basic</i></p>  <p>44534 off-white 1150 light sand 44805 blush 44864 mocha 44865 black</p>	<p>70-105 AA, A, B, C, D; 70-100 E, F; 75-95 G</p> <p>2 rows: 70-90 AA; 70-85 A; 70-80 B; 70-75 C; 70 D</p> <p>3 rows: 95-105 AA; 90-105 A; 85-105 B; 80-105 C; 75-105 D; 70-100 E, F; 75-95 G</p>	<ul style="list-style-type: none"> Moulded pockets made from breathable, temperature-regulating microfibre material <p>☾ ● 1 4</p> <p>83 % Polyamide 11 % Elastane 6 % Polyester</p>
<p>MARA Soft Bra Padded Front Closure <i>basic</i></p>  <p>44741 light sand* 44806 blush* 44742 dark grey*</p>	<p>70-105 AA, A, B, C, D; 70-100 E, F; 75-95 G</p> <p>Front: 3 rows: 70-75 AA; 70A</p> <p>4 rows: 80-90 AA; 75-85 A; 70-80 B; 70-75 C; 70 D</p> <p>5 rows: 95-105 AA; 90-105 A; 85-105 B; 80-95 C; 75-90 D; 70-85 E; 70-80 F; 75 G</p> <p>6 rows: 100-105 C; 95-105 D; 90-100 E; 85-100 F; 80-95 G</p> <p>Back: 2 rows: 70-90 AA; 70-85 A; 70-80 B; 70-75 C; 70 D</p> <p>3 rows: 95-105 AA; 90-105 A; 85-105 B; 80-105 C; 75-105 D; 70-100 E, F; 75-95 G</p>	<ul style="list-style-type: none"> Based on our best-selling Mara Soft Bra with additional front closure Pre-formed pockets made from breathable, temperature-regulating material <p>☾ ● 1</p> <p>83 % Polyamide 11 % Elastane 6 % Polyester</p>

Product colours may vary slightly from those shown in the photos.
*while stock lasts

Overview

Sizing charts
see page 95.

Product name Price category Item No. Colour	Sizes	Features Material
<p>MIRA Soft Bra <i>advanced</i></p>  <p>44610 light taupe</p>	<p>70-95 AA, A, B; 75-90 C, D; 75-85 E</p> <p>2 rows: 70-90 AA, A; 70-85 B; 75-80 C, D, E</p> <p>3 rows: 95 AA, A; 90-95 B; 85-90 C, D; 85 E</p>	<ul style="list-style-type: none"> Enforced sides for more support Moulded pockets made from breathable, temperature-regulating microfibre material <p>☾ ● () 1 4</p> <p>79 % Polyamide 21 % Elastane</p>
<p>MONA Soft Bra <i>advanced</i></p>  <p>0606 white 0568 off-white 0614 cognac 0591 black</p>	<p>70-95 AA, A, B; 75-90 C, D; 75-85 E</p> <p>2 rows: 70-90 AA, A; 70-85 B; 75-80 C, D, E</p> <p>3 rows: 95 AA, A; 90-95 B; 85-90 C, D; 85 E</p>	<ul style="list-style-type: none"> Moulded pockets made from breathable, temperature-regulating microfibre material <p>☾ ● () 1 4</p> <p>79 % Polyamide 21 % Elastane</p>
<p>TIANA Soft Bra <i>advanced</i></p>  <p>44889 off-white NEW 44809 sand 44931 mocha NEW 44890 black NEW</p>	<p>70-105 AA, A, B, C, D, E, F</p> <p>2 rows: 70-100 AA; 70-95 A; 70-90 B; 70-85 C; 70-80 D; 70-75 E; 70 F</p> <p>3 rows: 105 AA; 100-105 A; 95-105 B; 90-105 C; 85-100 D; 80-95 E; 75-90F</p> <p>4 rows: 105 D; 100-105 E; 95-105 F</p>	<ul style="list-style-type: none"> Inspired by the Amoena Dianna bra Breathable, temperature balancing material offers a good skin climate and a comfortable wearing feeling Soft padded front straps for maximum comfort and to relieve the shoulders <p>☾ ● () 1 4</p> <p>75 % Polyamide 25 % Elastane in base size 75 B</p>

Product colours may vary slightly from those shown in the photos.

HIGH CUT

Camisole-style bras with decorative lace along the décolleté to cover high scarring.



Isabel
Soft Bra

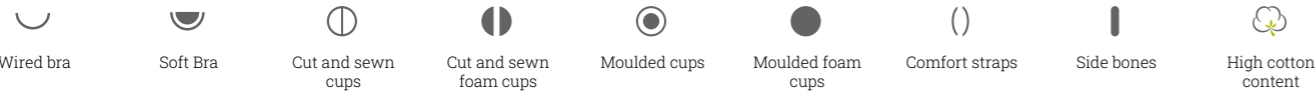
COLOURS



FEATURES

- High neckline with delicate lace inserts to cover high scarring or radiotherapy burns
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 95 E

BRA FEATURES








POCKET FEATURES



Overview

Sizing charts
see page 95.

Product name Price category Item No. Colour	Sizes	Features Material
ISABEL Soft Bra basic 	75–100 AA, A; 75–105 B, C; 75–95 D, E 2 rows: 75–100 AA, A; 75–90 B, C 3 rows: 95–105 B, C; 70–90 D; 75–85 E 4 rows: 95 D; 90–95 E  2118 white  2118 black	<ul style="list-style-type: none"> • Ultra-soft breathable cotton pockets ideal for sensitive skin • Cups with lateral support, specially designed for larger sizes for an even better fit <p>☺ ① 2 5</p> <p>40 % Polyamide 32 % Cotton 18 % Polyester 10 % Elastane</p>
ALINA Soft Bra premium 	75–95 A, B, C, D 2 rows: 75–95 A; 75–90 B; 75–85 C; 75–80 D 3 rows: 95 B; 90–95 C; 85–95 D  44509 light rose/grey	<ul style="list-style-type: none"> • Adjustable for two wearing options: higher cut to conceal any skin irritation and scarring, or lower cut for a more open décolleté <p>☺ ① 2 4</p> <p>82 % Polyamide 12 % Elastane 6 % Polyester</p>

Product colours may vary slightly from those shown in the photos.

ACTIVE

Designed for playing sport with functional, breathable materials for optimal support and comfort.



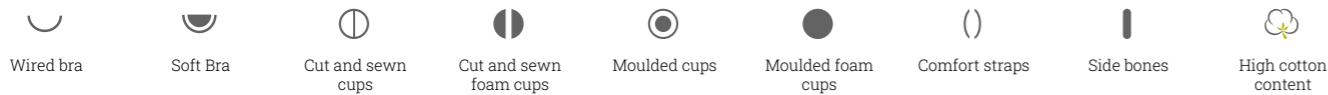
COLOURS



FEATURES

- Good coverage and broad underbust band ensure optimal support
- Functional materials and breathable mesh inserts ensure better moisture absorption and temperature regulation
- Pockets made primarily from breathable, temperature-regulating microfibre materials
- Wide padded and adjustable comfort straps to provide relief for the shoulders and back
- Lightly padded hook and eye fastening for additional comfort
- Wide range of sizes up to 95 E

BRA FEATURES



POCKET FEATURES



Overview

Sizing charts
see page 95.

Product name Price category Item No. Colour	Sizes Support Level	Features Material
ESTER Soft Bra Front Closure advanced 	70–100 A, B, C, D; 80–95 E 7 rows: 70–85 A, 70–80 B, 70–75 C, 70 D 8 rows: 90–100 A, 85–95 B, 80–90 C, 75–85 D, 75–80 E 10 rows: 100 B, 95–100 C, 90–100 D, 85–95 E  medium  42576 white 42577 black/grey	<ul style="list-style-type: none"> • Front closure makes it easy to put the bra on and take it off  83 % Polyamide 17 % Elastane
JOLIE Soft Bra advanced 	70–95 AA, A, B, C, D, E 2 rows: 70–95 AA, A; 70–90 B; 70–85 C 3 rows: 95 B; 90–95 C; 70–90 D; 70–85 E 4 rows: 95 D; 90–95 E  high  44872 black/grey	<ul style="list-style-type: none"> • Innovative new material with special technology: very breathable structured fabric provides a perfect skin climate • Wider padded front straps for shoulder relief • Adjustable, elastic back straps with racerback function to individually adjust the wearing style for different movements during various sports activities  74 % Polyester 20 % Polyamide 6 % Elastane
GLORIA Soft Bra Front Closure advanced 	S, M, L, XL, 2XL**  medium  44070 black	<ul style="list-style-type: none"> • Racer-back high-cut sports bra with front closure • Hidden hook closure beneath the zipper on the inside for additional support  82 % Micro-Polyamide 18 % Elastane

Product colours may vary slightly from those shown in the photos.
**for size definition see sizing chart on page 77.

WELLNESS

Cosy, comfortable styles that provide support day and night – the perfect choice to help you feel good any time.



Valletta Top

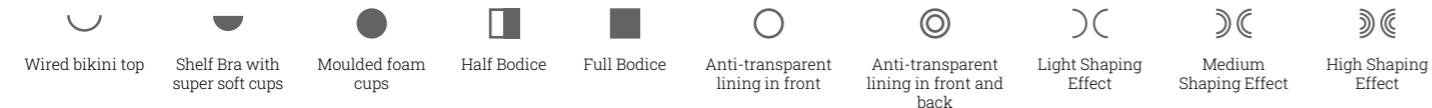
COLOURS



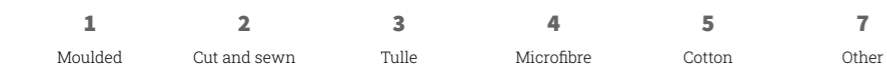
FEATURES

- Very soft modal (Tencel) material offers exception comfort – for both day and night
- Built-in bra with integrated pockets and soft, padded cups to hold breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms and shapers
- Adjustable double spaghetti straps
- Wide range of sizes up to 56

FEATURES










POCKET FEATURES



Sizing charts see page 95.

Overview

Product name Price category Item No. Colour	Sizes	Features Material
VALLETTA Top advanced 	36–56	<ul style="list-style-type: none"> • Ultra-soft TENCEL™ Modal material, which is extremely soft, breathable and offers a good skin climate • Ideal for women who are extra sensitive to traditional bras as a result of treatment effects • Supportive inner bustier with integrated bilateral pockets and soft padded cups holds a breast prosthesis or partial shaper securely in place,  <p>90 % Modal 10 % Elastane</p>
 70230 white  44075 sand  44076 charcoal melange*  44873 mocha  70229 black		

Product colours may vary slightly from those shown in the photos.
*while stock lasts

Accessories

Image	Product name	Item No. Colour	Sizes	Features
	Shoulder pads	052 transparent	one size	<ul style="list-style-type: none"> • Relieves the shoulders and prevents pressure marks • Transparent, soft and skin-friendly silicone for an inconspicuous appearance • Can help distribute weight and relieve pressure on the shoulder if needed
	Bra Extender	121 black 122 white 123 off-white	2 Hook & Eye rows 3 Hook & Eye rows 4 Hook & Eye rows	<ul style="list-style-type: none"> • Perfect match for Amoena bras • Suitable for volume fluctuations • Various heights

SWIMWEAR

Swimwear in sophisticated, fashionable styles and eye-catching colours.



Manila
One Piece High Neck

Manila
High Neck and High
Waisted Panty

COLOURS



Black/white

FEATURES





- Sustainable, high-quality materials such as LYCRA® XTRA LIFE™ ensure lasting fit and optimal chlorine resistance
- Material with excellent UV protection 50+ ensures optimal protection for sensitive skin and scars.
- Supportive bustier with integrated pockets and soft, padded cups to hold breast forms and shapers in place and conceal any unevenness
- The Amoena Wave Seam is a unique feature on the underbust band of the inner bustier that supports Amoena breast forms, shapers and Aqua Wave breast forms
- Adjustable straps provide relief for the back and neck
- Wide range of sizes up to 56 E

FEATURES







- Wired bikini top
- Shelf Bra with super soft cups
- Moulded foam cups
- Full Bodice
- Anti-transparent lining in front
- Anti-transparent lining in front and back
- Light Shaping Effect
- Medium Shaping Effect
- High Shaping Effect
- 50 + Sun protection factor









Overview

Sizing charts
see page 95.

Product name Price category Item No. Colour	Sizes	Features Material Shaping Level
<p>MANILA One Piece High Neck advanced</p>  <p>71655 black/white</p>	38–52 B, C, D	<ul style="list-style-type: none"> • High neckline hides scarring • Wide front straps for comfort and to relieve the shoulders • Adjustable back straps  <p>80 % Polyamide 20 % Elastane</p>
<p>MANILA Full Bodice advanced</p>  <p>71656 black/white</p>	38–56 B, C, D, E	<ul style="list-style-type: none"> • Lining in front and upper back shapes the figure and solid inserts at sides with princess seams slim the figure, therefore great for bigger sizes • Extra soft opaque lining in lower back for comfort • Wide front straps for comfort and to relieve the shoulders  <p>80 % Polyamide 20 % Elastane</p>

Product colours may vary slightly from those shown in the photos.

Product name Price category Item No. Colour	Sizes	Features Material Shaping Level
<p>MANILA Sarong advanced</p>  <p>71657 black/white</p>	38-52 B, C, D	<ul style="list-style-type: none"> • One piece with skirt in front for additional coverage is great for bigger sizes • Opaque lining at the front bottom and back for more opacity and coverage • Wide front straps for comfort and to relieve the shoulders <p>      </p> <p>80 % Polyamide 20 % Elastane</p>
<p>MANILA Blouson advanced</p>  <p>71658 black/white</p>	38-52 B, C, D	<ul style="list-style-type: none"> • Flattering style fits every figure • Great for bigger sizes • Adjustable straps with contrast piping <p>    </p> <p>80 % Polyamide 20 % Elastane</p>

Product name Price category Item No. Colour	Sizes	Features Material Shaping Level
<p>MANILA Soft Bikini Top High Neck advanced</p>  <p>71659 black/white</p>	36-46 A, B, C	<ul style="list-style-type: none"> • Wide front straps for comfort and to relieve the shoulders • Adjustable back straps • Extra-long seam allowance at closure, allows for adjustment <p>    </p> <p>80 % Polyamide 20 % Elastane</p>
<p>MANILA High Waisted Panty advanced</p>  <p>71660 black/white</p>	36-52	<ul style="list-style-type: none"> • Elegant high waisted brief • Can be worn as highwaist brief or normal panty by folding down the hemline • Great for bigger sizes <p>    </p> <p>80 % Polyamide 20 % Elastane</p>

Product colours may vary slightly from those shown in the photos.

Additional breast forms

Image	Product name	Item No.	Features	Form	Size	Colour
	Aqua Wave Swimform	149	Silicone breast form especially for water activities, featuring raised waves that allow air and water to flow through	S	1-14	blue transparent
	Balance Aqua Wave Swimform	150	Silicone breast shaper especially for water activities, featuring raised waves that allow air and water to flow through	S	1/2-11/12	blue transparent

LYMPH CARE

PORTFOLIO OVERVIEW	81
CURALYMPH COMFORT	82
CURALYMPH COMPRESSION	84
SIZING CHART	98
INDEX	115

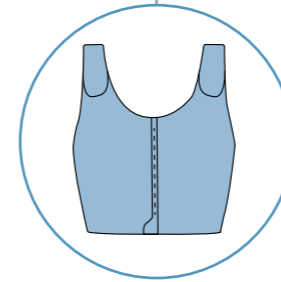


WHERE THE
FLOW BEGINS

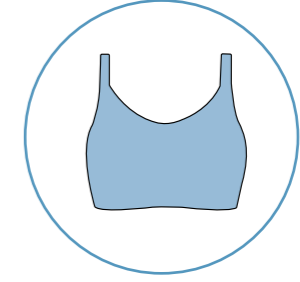


LYMPH CARE PORFOLIO OVERVIEW

CURALYMPH



**CURALYMPH
COMPRESSION**



**CURALYMPH
COMFORT**

The Amoena Lymph Care Concept is ideal for patients after breast cancer surgery with mild lymphatic disease in the thoracic and/or chest area.

Our care concept combines products from Recovery Care, Breast Care Apparel and Breast Forms & Shapers. Our product solutions complement each other excellently and make a contribution to holistic care.

The **CuraLymph Comfort Products** and **Breast Care Textiles** are designed to prevent blocking of the lymphatic drainage, which can be caused by pressure peaks or constrictions. Together with the **Adapt Air** or our lightweight breast forms, these products are suitable for patients with mild lymphoedema.

Adapt Air Breast forms & shapers



The perfect balance for maximum bra choice. Easy to adjust for the ideal volume.

Our **CuraLymph Compression products** provide optimal patient care. Medical compression supports lymphatic drainage by increasing interstitial pressure. This is ideal where lymphoedema has developed in the thoracic wall and/or chest. External pressure, in combination with movement of the thoracic area, has a positive effect on reducing the protein-rich lymph, as this pressure activates the lymphatic system.¹

¹ cf. Hansdorfer-Korzon et al., Relevance of low-pressure compression corsets in physiotherapeutic treatment of patients after mastectomy and lymphadenectomy, Patient Preference and Adherence 2016:10 1177-1187

CURALYMPH COMFORT

Sizing charts
see page 95.

Lymph care concept

The Amoena Lymph care concept is ideal for patients after breast cancer therapy with mild lymphatic disease in the thoracic and/or chest area. The CuraLymph Comfort Products are designed to prevent blocking of lymphatic drainage, which can be caused by pressure peaks or constrictions. Together with the Adapt Air or our lightweight breast forms, these products are suitable for patients with mild lymphoedema.

Movement for wellbeing

After breast cancer therapy, especially if edematization occurs due to radiotherapy or lymph node removal, it is crucial to keep on moving. The right amount of exercise is essential – not too little and not too much. Exercise not only stimulates the circulation but also promotes lymphatic drainage.

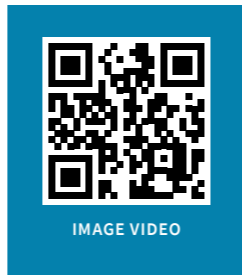
Products with a light shaping effect and padded, wide straps are ideal for activities.




Colours








Features

- Wide shoulder straps for a high level of comfort and relief of shoulders, avoids cutting into the skin and does not impede lymphatic drainage.
- Higher cut sides and back for more support and therefore a higher level of comfort
- Integrated pockets to hold breast forms and shapers in place, concealing unevenness



Product name Price category	Sizes Item No. Colour	Features Material
<p>LIANE Top advanced</p> 	<p>S, M, L, XL, 2XL, 3XL</p> <p>  44812 sand/light sand  44934 black NEW </p>	<ul style="list-style-type: none"> • High level of comfort for women with mild lymphoedema • Light massage effect and microcirculation • Ideal for physical activities and to wear at night <p>56 % Polyamide 36 % Polyester 8 % Elastane</p>

Overview

Product name Price category	Sizes Item No. Colour	Features Material
<p>NEW</p> <p>LIANE Leggings advanced</p> 	<p>S, M, L, XL, 2XL, 3XL</p> <p>  44935 black/grey </p>	<ul style="list-style-type: none"> • Light compression leggings in ankle length • Wide knitted waistband • Ideal for physical activities in combination with Liane Top <p>56 % Polyamide 36 % Polyester 8 % Elastane</p>
<p>LINDA Soft Bra premium</p> 	<p>S, M, L, XL, 2XL, 3XL</p> <p>4 rows: S, M, L, XL, 2XL, 3XL</p> <p>  44811 sand  44936 black NEW </p>	<ul style="list-style-type: none"> • Innovative bonding technology: Flat seams prevent cutting into the skin, lymphatic drainage is being supported • Innovative SensElast® – technology on the side panels: maintain a light massage effect in combination with movement and microcirculation • High back closure: Good coverage, thus increased comfort <p>67 % Polyamide 33 % Elastane</p>

IMPORTANT TO KNOW!



SensElast® - technology is an innovative 3D technology that joins materials together without seams. A wide range of effects can be achieved, from seamless finishes to textured surfaces.

CURALYMPH COMPRESSION

Sizing charts
see page 98.

Compression therapy in lymphoedema care

Our CuraLymph Compression products complement our existing portfolio to provide optimal patient care. Medical compression supports lymphatic drainage by increasing interstitial pressure. This is ideal where lymphoedema has developed in the thoracic wall and/or chest. External pressure, in combination with movement of the thoracic area, has a positive effect on reducing the protein-rich lymph, as this pressure activates the lymphatic system.

Compression therapy is usually a long-term treatment and requires appropriate products, which are used by the patient if there is a medical indication, as advised by their medical team.



Our model, Barbara, has had breast cancer surgery







Colours



Features

- Wide, adjustable straps for a high level of comfort and support
- Medically effective pressure (medical compression class 1)
- High coverage
- Textured material on skin provides a light massaging effect and microcirculation





Overview

Product name Price category	Sizes Item No. Colour	Features Material
LYMPH FLOW LONG Soft Bra Front Closure advanced 	S, M, L, XL, 2XL  44813 white  44815 black	<ul style="list-style-type: none"> • Medically effective pressure (medical compression class 1) • High level of comfort for women with mild lymphoedema • Light massage effect and microcirculation • Ideal for physical activities and during the night 89 % Polyamide 11 % Elastane
LYMPH FLOW Soft Bra Front Closure advanced 	S, M, L, XL, 2XL, 3XL  44814 white  44816 black	<ul style="list-style-type: none"> • Medically effective pressure (medical compression class 1) • Innovative bonding technology • Flat seams prevent cutting into the skin, lymphatic drainage is being supported • Innovative SensElast® – technology on the side panels: Maintain a light massage effect in combination with movement and microcirculation • High padded back closure: Good coverage, thus increased comfort 50 % Polyamide 38 % Silicone, 11 % Elastane, 1 % Polypropylene







EXPERT TIP:

Lymph Flow SB FC is ideal for breast oedema, or if increased compression is required. Through daily wear and washing, the material adapts to the body.

Lymph Flow Long SB FC has high-functioning concealment, which is most suitable for oedema on the thoracic wall and/or dorsal, proximal or axillary emphasized oedema.

Product name Price category	Sizes Item No. Colour	Features Material
LYMPH FLOW Pressure Pad basic 	one size – 100 x 110 mm  020 clear	<ul style="list-style-type: none"> • Silicone pad, rectangular (medical grade silicone, biocompatibility tested according to ISO 10993) • Ideal as an insert into the garment to increase pressure when required, to support localised oedema therapy • Textured surface encourages a light massage effect and supports the loosening of fibrous tissue, as well as a light massage of the scars • Washable and reusable – easy to clean for daily use 90 % Polydimethylsiloxane 10 % TPU
NEW LYMPH FLOW Breast Shell advanced 	one size  030 clear	<ul style="list-style-type: none"> • Silicone breast shell (medical grade silicone, biocompatibility tested according to ISO 10993) ideal as an insert in the compression textile, increasing pressure and supporting oedema therapy for oedema specifically localised in the breast area • Structured surface: the structure on the skin side provides a massaging effect and stimulates microcirculation, thereby supporting the loosening of fibrotic tissue and a light scar massage • Washable and reusable for daily use 100% Polydimethylsiloxan, 100% medical silicone (Biocompatibility tested according to ISO 10993).

Overview

Product name Price category	Sizes Item No. Colour	Features Material Shaping Level
LAGOS Tankini premium 	38–56 B, C, D, E  71666 black/multi	<ul style="list-style-type: none"> • Tight fit and use of shaping material provides a slight shaping effect and is ideal for large sizes • High neckline hides scarring • High back neckline at the back and wide straps for additional comfort and to relieve the shoulders, to avoid cutting in and therefore not to hinder the lymphatic flow • Ideal for larger sizes  68 % Polyamide 32 % Elastane
LAGOS Swim Bermuda premium 	38–56  71667 black	<ul style="list-style-type: none"> • Classic black can be worn with many other tops in the collection • Use of shaping material provides a slight shaping effect and is ideal for large sizes • Bermuda length for maximum coverage • Seamless finish at the leg hem to avoid cutting in and therefore does not lymphatic drainage  68 % Polyamide 32 % Elastane

Product colours may vary slightly from those shown in the photos.

EXPERT TIP:

Exercise is very important to help prevent and/or relieve lymphoedema. Swimming is particularly helpful – the pressure of the water and the movement stimulate lymphatic drainage.

RECOVERY CARE MEASURING TIPS

CuraSupport Comfort

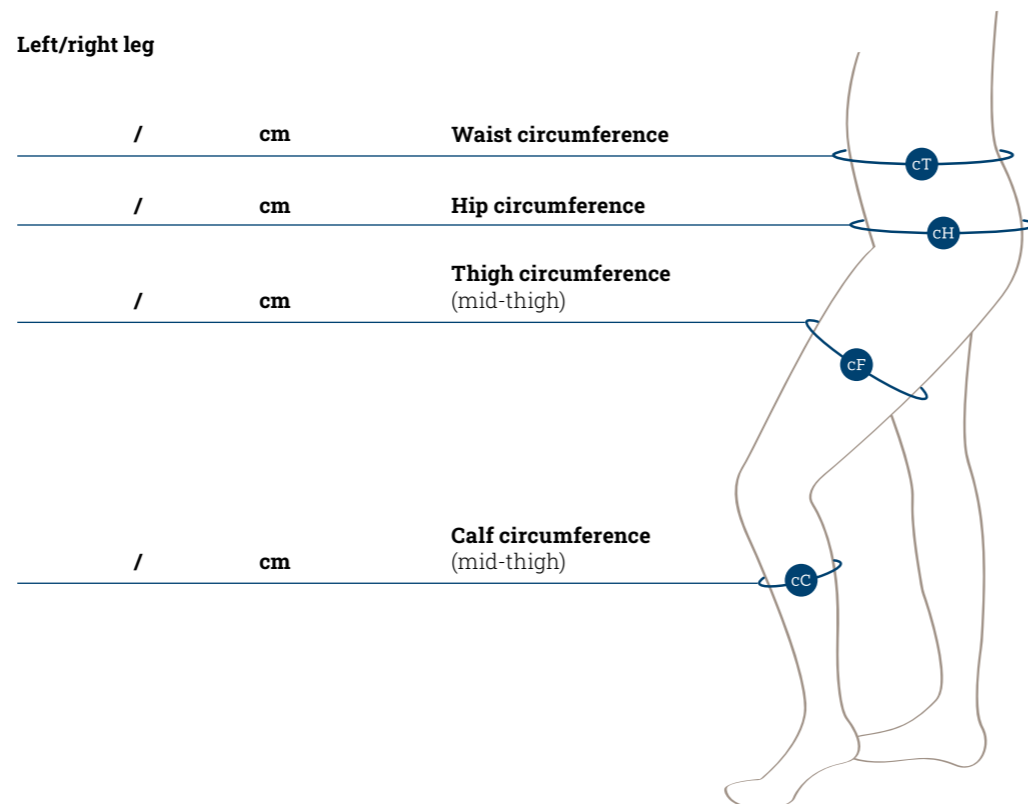
For more measuring tips, see page 96.

CuraSupport Compression

The underbust measurement is the only thing required to determine which size is required for our compression bras. There is no need to measure the chest circumference with our universal cup sizes, which can be individually adapted to the size required thanks to the flexible material.

CuraScar Garments

- Ask the patient to undress. She can keep her underwear on if it makes her more comfortable.
- Ask the patient to stand up straight, avoid tensing her stomach, and breathe normally.
- Make sure the measuring tape is in a horizontal position. The tape must not twist or slip.
- When measuring, make sure the measuring tape isn't too tight or too loose against the skin.
- Write down all the measurements you have taken directly onto the dimension sheet and measure again.
- The measuring sheet is available from Amoena upon request.



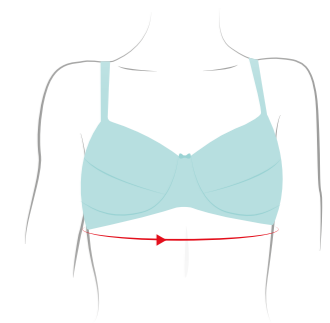
RECOVERY CARE SIZING CHART

CuraSupport Comfort

For sizing, see page 97 (lingerie sizing chart)

CuraSupport Compression (seamless)

Size	[cm]
	Underbust circumference
60/65	58 – 67
70/75	68 – 77
80/85	78 – 87
90/95	88 – 97
100/105	98 – 107
110/115	108 – 117
120/125	118 – 127
130/135	128 – 137

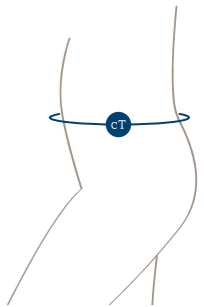


CuraScar Garments

Belly bandage 3-VE

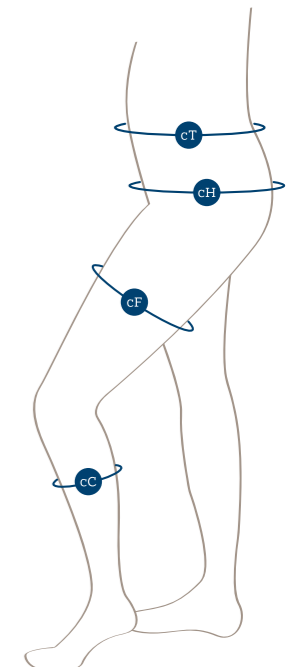
Size	[cm]
	cT
S/M	63 – 76
L/XL	77 – 94
2XL/3XL	95 – 112

Height compression bandage: 24 cm



Panty 2-ZIP-BO

Size	[cm]	
	cT	cH
XS	61 – 66	86 – 91
S	66 – 71	91 – 97
M	71 – 76	97 – 102
L	76 – 81	102 – 107
XL	81 – 89	107 – 114
2XL	89 – 99	114 – 124



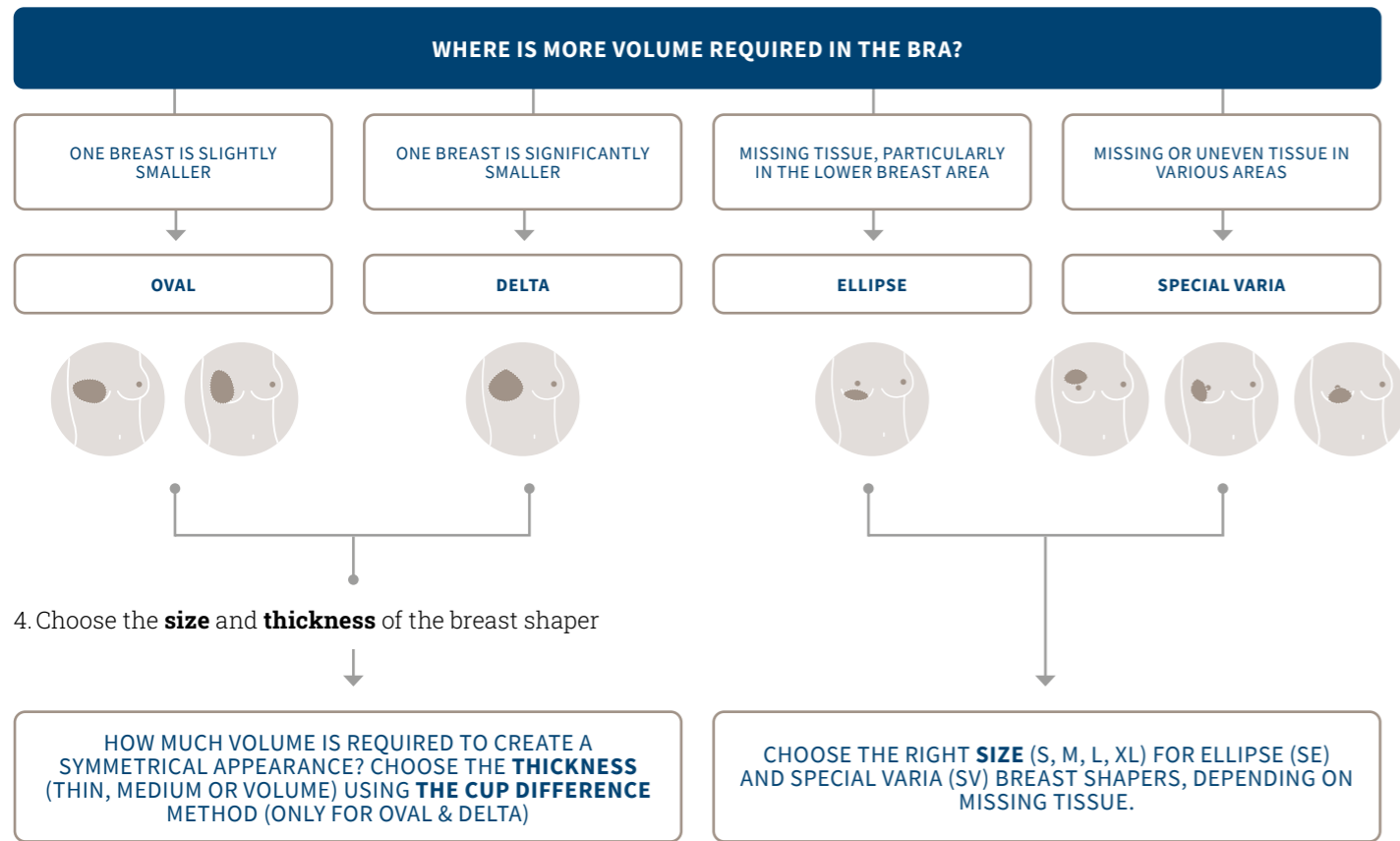
Bermuda 2-ZIP-BO long

Size	[cm]			
	cT	cH	cF	cC
XS	61 – 66	86 – 91	48 – 51	26 – 29
S	66 – 71	91 – 97	51 – 54	29 – 32
M	71 – 76	97 – 102	54 – 57	32 – 35
L	76 – 81	102 – 107	57 – 60	35 – 38
XL	81 – 89	107 – 114	60 – 65	38 – 41
2XL	89 – 99	114 – 124	65 – 70	41 – 44

BALANCE – SHAPERS SIZING

Find the perfect breast shaper in 4 steps

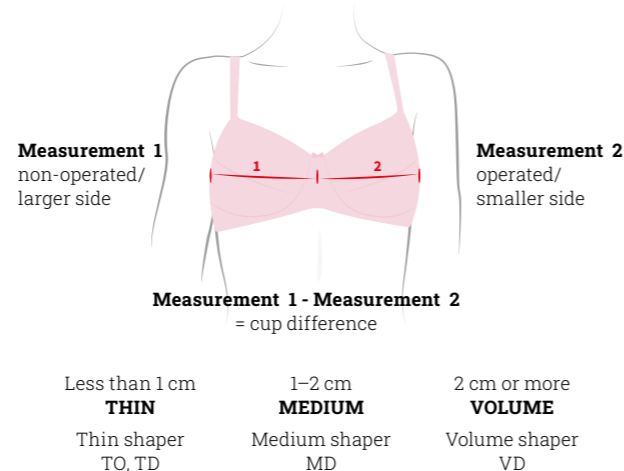
1. First, find **the right sized bra** for your patient (see the fitting guide on page 94).
2. Ask about your **patient's specific requirements** to determine which product range you need (see care concepts on page 29).
3. Determine which **shape** your patient needs (Oval, Delta, Ellipse or Special Varia).



CROSS CUP DIFFERENCE METHOD (CCD)

The cup is measured in centimetres from the centre front of the bra (breastbone) to the side seam.

1. Measure the fullest part of the cup on the non-operated / larger side (measurement 1)
2. Measure the fullest part of the cup on the operated / smaller side (measurement 2)
3. Subtract measurement 2 (operated / smaller side) from measurement 1 (non-operated / larger side)
4. The result is the cup difference (CD), which will help you to determine the thickness you need (thin, medium, or volume)



BALANCE – SHAPER SIZING CHART

Find the right size for breast shapers:

Cup size	Underbust measurement											
	70	75	80	85	90	95	100	105	110	115	120	
AA												
A	65	70	75	80	85	90	95	100	105	110	115	120
B		65	70	75	80	85	90	95	100	105	110	115
C			65	70	75	80	85	90	95	100	105	110
D				65	70	75	80	85	90	95	100	105
E					65	70	75	80	85	90	95	100
F						65	70	75	80	85	90	95
G									75	80	85	90
Shaper Delta	1	2	3	4	5	6	7	8	9	10	11	12
Shaper Oval, Ellipse, Varia			S		M		L		XL			
Balance Aqua Wave	1/2		3/4		5/6		7/8		9/10		11/12	

Cup difference method	Shape	Shaper size											
		S		M		L		XL					
CD < 1 cm Thin shaper	Oval	S		M		L		XL					
	Delta	1	2	3	4	5	6	7	8	9	10		
CD 1–2 cm Medium shaper	Delta		2	3	4	5	6	7	8	9	10	11	12
CD ≥ 2 cm Volume shaper	Delta	3/4		5/6		7/8		9/10		11/12			

The CD method cannot be used for Ellipse and Varia shapers.

Balance Premium FIT KIT 245

Our Premium Fit Kit includes 15 breast shapers in different sizes and thicknesses to help you find the right breast shaper for your patient and keep your stocks to a minimum.

Item no.	Product name	Sizes
227	Balance Natura TO	M, L
217	Balance Natura TD	3, 5
220	Balance Natura MD	4, 8
231	Balance Natura SE	M, L
285	Balance Natura SV	S
221	Balance Natura Light VD	5/6, 9/10
230	Balance Contact VD	7/8
286	Balance Contact SV	L
233	Balance Adapt Air MD	6
234	Balance Adapt Air SV	M

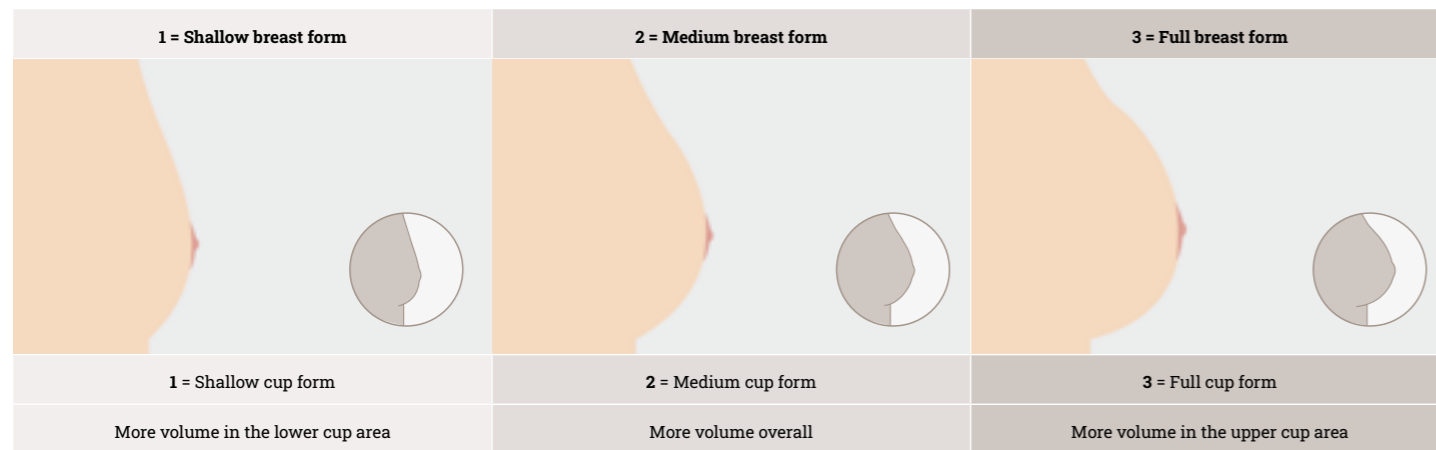
Includes Adapt Air Pump, use and care instructions, and overview of the whole Balance range



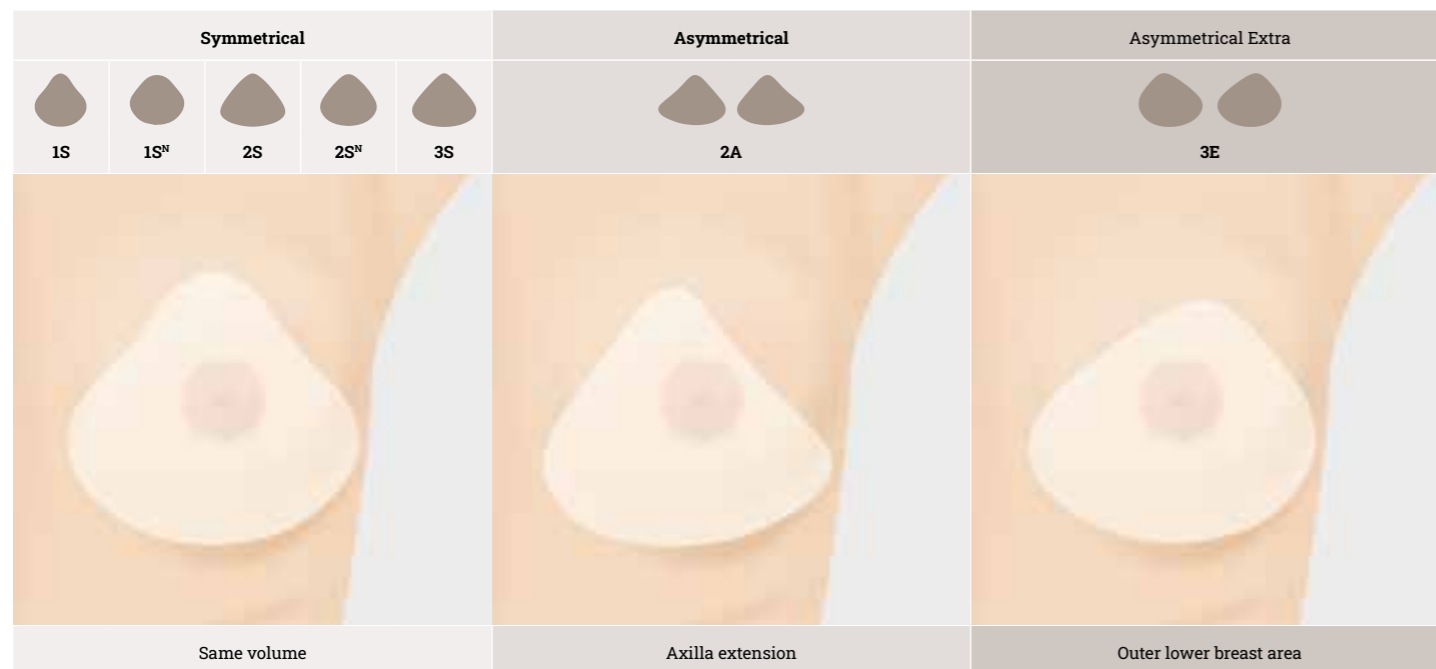
BREAST FORMS – SIZING

Find the perfect breast form in 4 steps

1. First, find **the right sized bra** for your patient (see the fitting guide on page 94).
2. Ask about your **patient's specific requirements** to determine which product range you need (see care concepts on page 29).
3. Determine the **cup form** required for the bra (**1 = shallow, 2 = medium, 3 = volume**)
Cup form refers to the shape of the breast or cup size in the bra.



4. Determine the breast form shape (**S = Symmetrical, A = Asymmetrical, E = Asymmetrical Extra**)



BREAST FORMS – SIZING CHART

This table helps you find the **right breast form size** based on **bra size**. Try out the breast form with a T-shirt to find out whether you've found the right fit.

Example: If the patient's bra size is 95 C, this corresponds to a size 9 breast form

Cup size	Underbust measurement																		
	65	70	75	80	85	90	95	100	105	110	115	120							
AA																			
A	60	65	70	75	80	85	90	95	100	105	110	115	120						
B			65	70	75	80	85	90	95	100	105	110	115	120					
C				65	70	75	80	85	90	95	100	105	110	115	120				
D					65	70	75	80	85	90	95	100	105	110	115	120			
E						65	70	75	80	85	90	95	100	105	110	115	120		
F							65	70	75	80	85	90	95	100	105	110	115	120	
G											75	80	85	90	95	100	105	110	115
Overview of sizes																			
	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15 ²	16 ²	17 ²	
Priform sizes																			
		1/2	3/4	5/6	7/8	9/10	11/12	13/14											

Sizing chart also applies to the Aqua Wave Swimform.

LINGERIE AND SWIMWEAR FITTING GUIDE

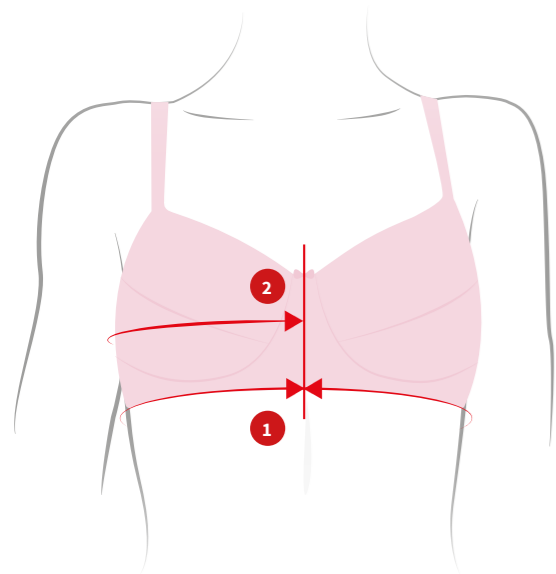
The following pages outline all the necessary steps that will enable you to provide optimal care for your patients.

Finding the perfect bra

Get the perfect fit in 3 easy steps. Here's how to determine the right bra size for your patient

1. Underbust measurement: measure the circumference (e.g. 86 cm) around the underbust band while the patient is still wearing her bra.
2. Half overbust measurement: Measure from the middle of the chest (sternum) over the fullest part of the remaining or non-operated breast to the centre of the spine. Multiply this measurement by 2 to determine the cup size, e.g. 51 x 2 = 102.
3. Find out the bra size required using the sizing chart.

These instructions are intended as guidelines only. You may need to choose a slightly different size for the perfect fit.



Alternative sizes

Example: an alternative size for a 75 B would be a 70 C or an 80 A. When trying a bra on, close the bra using the middle hooks.

SIZE YOU TRIED	Your cup fits perfectly but the band is tight	Your cup fits perfectly but the band is loose
	Solution: Go up a band size down a cup size	Solution: Go down a band size and up a cup size
75 A	80 AA	70 B
75 B	80 A	70 C
80 B	85 A	75 C
85 B	90 A	80 C
90 B	95 A	85 C
70 C	75 B	65 D
75 C	80 B	70 D
80 C	85 B	75 D
85 C	90 B	80 D
90 C	95 B	85 D
80 D	85 C	75 E
85 D	90 C	80 E
90 D	95 C	85 E
80 E	85 D	75 F
85 E	90 D	80 F

LINGERIE AND SWIMWEAR SIZING CHART

Sizes based on body measurements: 165–172 cm

EU underbust measurement in cm	63–67	68–72	73–77	78–82	83–87	88–92	93–97	98–102	103–107	108–112	113–117	118–122
	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓	↓
EU underbust circumference in cm	65	70	75	80	85	90	95	100	105	110	115	120

1

Use the EU overbust measurement in cm to determine the corresponding cup size

AA	75–77	80–82	85–87	90–92	95–97	100–102	105–107	110–112	115–117	120–122	125–127	130–132
A	77–79	82–84	87–89	92–94	97–99	102–104	107–109	112–114	117–119	122–124	127–129	132–134
B	79–81	84–86	89–91	94–96	99–101	104–106	109–111	114–116	119–121	124–126	129–131	134–136
C	81–83	86–88	91–93	96–98	101–103	106–108	111–113	116–118	121–123	126–128	131–133	136–138
D	83–85	88–90	93–95	98–100	103–105	108–110	113–115	118–120	123–125	128–130	133–135	138–140
E	85–87	90–92	95–97	100–102	105–107	110–112	115–117	120–122	125–127	130–132	135–137	140–142
F	87–89	92–94	97–99	102–104	107–109	112–114	117–119	122–124	127–129	132–134	137–139	142–144
G	89–91	94–96	99–101	104–106	109–111	114–116	119–121	124–126	129–131	134–136	139–141	144–146

2

EU brief, swimwear, one-piece and two-piece sizes	34	36	38	40	42	44	46	48	50	52	54	56
---	----	----	----	----	----	----	----	----	----	----	----	----

EU waist measurement in cm	58–62	63–67	68–72	73–77	78–82	83–87	88–92	93–97	98–102	103–107	108–112	113–117
----------------------------	-------	-------	-------	-------	-------	-------	-------	-------	--------	---------	---------	---------

EU hip measurement in cm	88–92	92–96	96–100	100–104	104–108	108–112	112–116	116–120	120–124	124–128	128–132	132–136
--------------------------	-------	-------	--------	---------	---------	---------	---------	---------	---------	---------	---------	---------

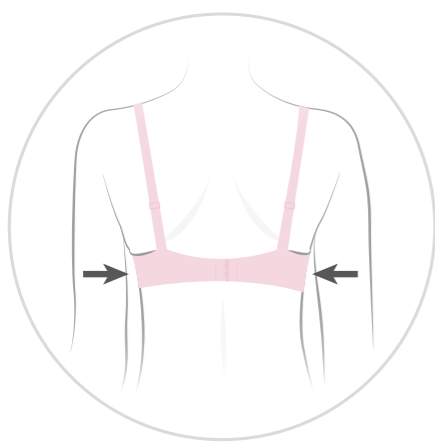
EU international clothes size	XS	S	M	L	XL	2XL	3XL
-------------------------------	----	---	---	---	----	-----	-----

EU international clothes size and corresponding cup size

A	XS	S	S	S	M	M	L	L	XL	XL	2XL	2XL
B	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL
C	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL
D	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL	3XL

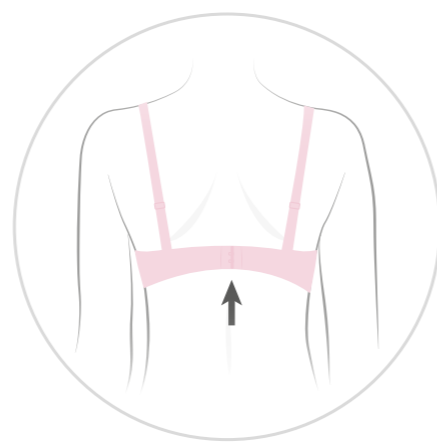
LINGERIE AND SWIMWEAR

PERFECT FIT – WHAT TO CONSIDER



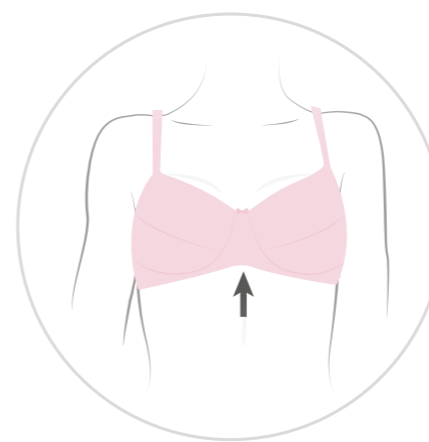
Underbust band too tight

The underbust band feels too tight and uncomfortable. Try a larger underbust size or use an Amoena bra extender. Make sure the underbust fits properly: It should sit securely in place but still be comfortable and run in a straight horizontal line.



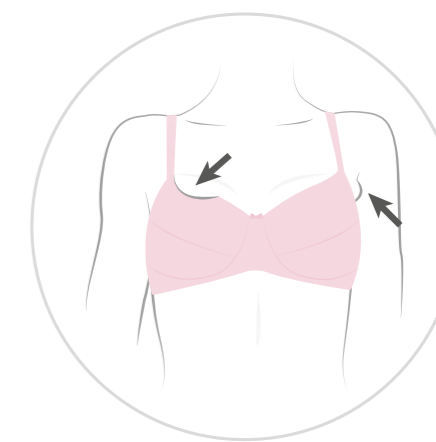
Underbust band too loose

The underbust band is loose and slides up and down the patient's back. Choose a smaller underbust size. Make sure the underbust fits properly: It should sit securely in place but still be comfortable and run in a straight horizontal line.



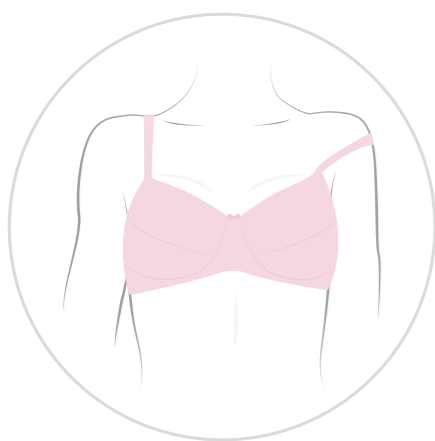
Bra keeps sliding upwards

If the slightest movement causes the bra to slide up, this is a sign that the underbust band of the bra is too wide. Choose an underbust band one size smaller and a cup one size larger.



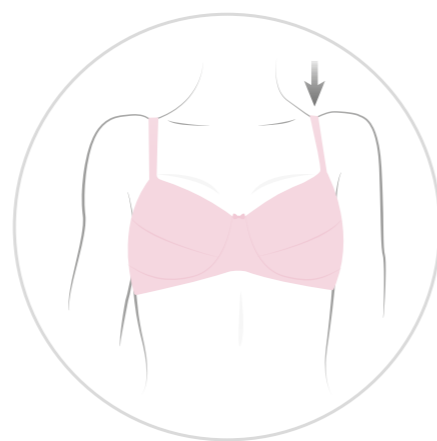
Bra cup digs in

If the cup squeezes or presses the breast in certain places, this usually means the cup is too small. Choosing a larger cup size will usually solve this issue.



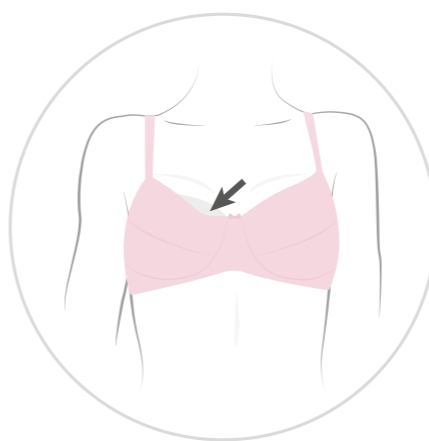
Bra straps are slipping down

The straps on the bra slide off the patient's shoulders. Generally, tightening the straps slightly should solve this issue.



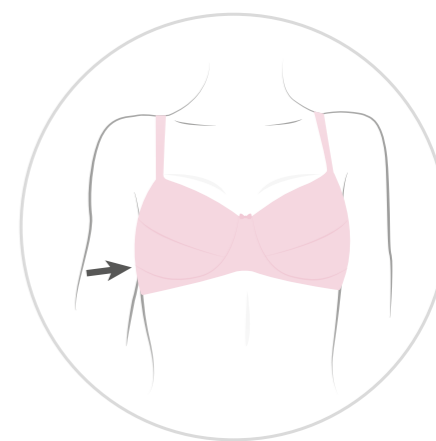
Bra straps are digging in

In this case, the straps may need to be loosened slightly. Alternatively, if the patient has a larger underbust, a wider strap may be required. If this does not solve the issue, the underbust band may be causing the issue (see above).



Bra cup protrudes

If tightening the bra straps doesn't make the gaps or folds in the cup disappear, try a smaller cup size.



Bra underwiring digs in

For a perfect fit, the underwiring should follow the shape of the breast, gently enclosing it. The centre of the bra should sit close to the body. If the underwire digs in, the cup is probably too small. Choose a larger cup size and, if necessary, a smaller underbust.

LYMPH CARE SIZING CHART

CuraLymph Comfort

For sizing, see page 95 (lingerie sizing chart)

CuraLymph Compression

	Cup	Measurements based on a body height of: 165–172 cm											
Size	–	XS	S	S	M	M	L	L	XL	XL	2XL	2XL	3XL
Underbust measurement in cm	–	63–67	68–72	73–77	78–82	83–87	88–92	93–97	98–102	103–107	108–112	113–117	118–122
Underbust measurement	–	65	70	75	80	85	90	95	100	105	110	115	120
The measurement of the EU upper breast measurement results in the according Cup size	A	77–79	82–84	87–89	92–94	97–99	102–104	107–109	112–114	117–119	122–124	127–129	132–134
	B	79–81	84–86	89–91	94–96	99–101	104–106	109–111	114–116	119–121	124–126	129–131	134–136
	C	81–83	86–88	91–93	96–98	101–103	106–108	111–113	116–118	121–123	126–128	131–133	136–138
EU international Size in the according Cup size	A	–	S (2)	S (3)	M (4)	M (5)	L (6)	L (7)	XL (8)	XL (9)	2XL (10)	2XL (11)	3XL (12)
	B	–	S (3)	S (4)	M (5)	M (6)	L (7)	L (8)	XL (9)	XL (10)	2XL (11)	2XL (12)	3XL (13)
	C	–	S (4)	M (5)	M (6)	L (7)	L (8)	XL (9)	XL (10)	2XL (11)	2XL (12)	3XL (13)	–

BACK TO YOUR DAILY LIFE WITH AMOENA MEDICAL DEVICES

As a health service provider, your job is to provide care by issuing patients with medical prescriptions. A correctly issued prescription ensures that patients are successfully supplied with the medical devices they need. It's therefore important to make sure that the following information is included on the prescription:

- Medical devices should be prescribed using the pink prescription form
- Approval from the health insurance provider is usually required
- The cost of medical devices should not fall under the medical practitioner's budget
- The diagnosis and indications must be stated on the prescription.
- Medical device prescriptions are usually valid for one month in Germany. The patient therefore has 30 days from the date of issue to redeem their prescription for breast care from a medical supplies retailer. After this period, a new prescription will need to be issued.
- In the context of discharge management, a medical device prescription is valid for seven calendar days.

Breast forms, breast shapers, special bras, swimwear and compression textiles are classed as medical devices. They are used externally to replace missing tissue and restore body symmetry following breast removal surgery.

In Germany, statutory health insurance companies generally cover the costs of prosthetic breast care. This includes the device itself, i.e. the breast form or breast shaper, as well as fitting and advice from a medical supplies retailer. The costs for the statutory co-payment (min. 5 euros, max. 10 euros) are borne by the patient.

Medical devices must be prescribed by a doctor in order for health insurance providers to cover the costs. The prescription should state "prosthesis retainer" for a special bra and "Mamma ca" for a full or partial breast form.

ALWAYS HERE FOR YOU

Our friendly, experienced, solution-focused team is here to take care of you every step of the way.

When it comes to breast surgery aftercare, there's no such thing as one size fits all. That's why we're here to help you provide your patients with the right products to make their treatment a success. Optimal care for your patients is our priority. Together, we can provide a strong team and help women regain their confidence after breast cancer.



Our customer service department is here to:

- Answer any specific questions you have about our products
- Take orders, send samples and deal with enquiries
- Provide information regarding your order status, as well as shipment tracking details

Available

By telephone

- Denmark: Mon - Thursday 08.00–16.00
- Friday: 08.00–14.00
- Norway: Mon–Friday 08.30–16.00
- Sweden: Mon–Friday 09.00–17.00 (closed for lunch 12.00–13.00)

Via email

Denmark: info.dk@amoena.com | ordre.dk@amoena.com
 Norway: amoena@amoena.no
 Sweden: info.se@amoena.com | order.se@amoena.com

Reliable

- Same-day delivery of orders placed before 11:30am in Norway

Simple

- No minimum order requirement
- Order confirmation sent via email
- Invoices, credit notes and receipts sent via email
- Exact delivery schedules provided for products that are currently unavailable
- No need to send in complaints forms in most cases

MORE THAN AN ONLINE SHOP

Create an account now at:

b2b.amoena.dk (Denmark) | b2b.amoena.no (Norway) | b2b.amoena.se (Sweden)

Receive updates about our online shop. Be the first to find out about our products, current offers and news.



Orders

- 24/7 service when you need it on all devices
- 100 % secure data transfer via SSL
- Option to create additional users
- Product availability and delivery dates at a glance
- Overview of your order history
- Access to our SALE page featuring special offers
- Editable shopping cart
- Price list

Stay up to date

- Information about our products
- Declaration of conformity
- Complaint forms
- DIN ISO certificates
- Terms and conditions

Information and support

- Sign up for our tutorials
- Access our latest catalogue
- Option to hide prices when advising patients
- Overview of product weights
- Instructions for use and care

CONTACT US



By telephone

Denmark: +45 4369 5566
 Norway: +47 66 76 12 80
 Sweden: +46 8 545 257 70



By email

Denmark: info.dk@amoena.com | ordre.dk@amoena.com
 Norway: amoena@amoena.no
 Sweden: info.se@amoena.com | order.se@amoena.com



Online shop

b2b.amoena.dk
b2b.amoena.no
b2b.amoena.se

Amoena Denmark AS, Borupvang 3, 2750, Ballerup, Denmark | amoena.dk
 Amoena Norway AS, Ullernchausséen 64-66, 0379 Oslo - Norway | amoena.no
 Amoena Sweden AB, Norra stationsgatan 56, 113 67 Stockholm, Sweden | amoena.se

WHAT OUR CUSTOMERS HAVE TO SAY:

” User friendly portal. Reliable delivery, very good quality. Friendly and helpful customer service. Very happy. Thank you!

” Online shop easy to navigate!

” The whole process was very smooth. Filter function and options are excellent. Thank you.

YOUR POTENTIAL IN BREAST CARE

YOUR POTENTIAL FOR ADDITIONAL SALES

Amoena Tip:

Present the additional products for better visibility directly in the dressing room.

For sports activities/swimming:

- Sports bra with partial or full silicone breast form (e.g. Energy / Balance Adapt Air)
- Swimwear with swimming breast forms (partial or full breast form, e.g. Aqua Wave / Balance Aqua Wave)

For scar healing:

- Silicone scar pads in combination with compression textiles can positively influence scar healing.

For day-to-day life:

- Mastectomy bra (e.g. Mara Padded Bra)
- Partial or full silicone breast form (e.g. Adapt Air / Balance Adapt Air)

For nights/relaxation:

- Strappy or Vest top (e.g. Valletta Top)
- CuraLymph Comfort (e.g. Linda Soft Bra)
- Fabric breast forms

EVENTS

For example:

- **Fit check**
- **Ladies' Night**
- **Event day (e.g. lymph day / fitting event)**

Procedure:

We support you with our pre-prepared marketing material that can be customised to your company:

- **Invitation letter**
- **Templates for the creation of flyers and posters**
- **Social media posts**

You can find our marketing Material in the Amoena Media Library at www.amoena.com/de/medialibrary

Duration: 1 day

Amoena Tip:

Check with each client visit (e.g. for an arm lymph supply) additionally the fit of the current breast form and the bra.

Contents:

Invite your clients to a promotion day or to a fit check and verify if the breast forms and bras still fit correctly. Impress your client with innovative offerings and fashionable innovations in both underwear and Badmode. With this campaign, you not only win back your clients but also retain their loyalty to your company and service.



BOOK OUR SPECIALISTS WHENEVER YOU NEED THEM.

Book our specialists as active support in providing advice to your clients for a daily fixed fee. Your staff will also gain more confidence in measuring and adjusting products in short training sessions as well as becoming familiar with new products.

If you are interested, please contact your area manager.



AMOENA ACADEMY TRAINING AND EDUCATION OPPORTUNITIES

We offer innovative training formats that not only impart specialist knowledge regarding our products, but above all important impulses and knowledge for sales and thus for your turnover and success.

Amoena seminars are designed to provide you with the support you need to help you in your day-to-day work. Our workshops provide training on how to match our products with different surgery types, gain practical hands on fitting experience and master key fitting techniques.

Particular emphasis is placed on using Amoena products to help with difficult fitting situations. Amoena seminars give you the chance to update your skills and meet with other breast care professionals either online or in informal relaxed surroundings.

Delegates are awarded a certificate at the end of each seminar.

Global Education Team:



Alexandra Arnold
Global Education Manager



Christina Kaffl
Global Education Expert



Claudia Horrer
Teamlead Global Education

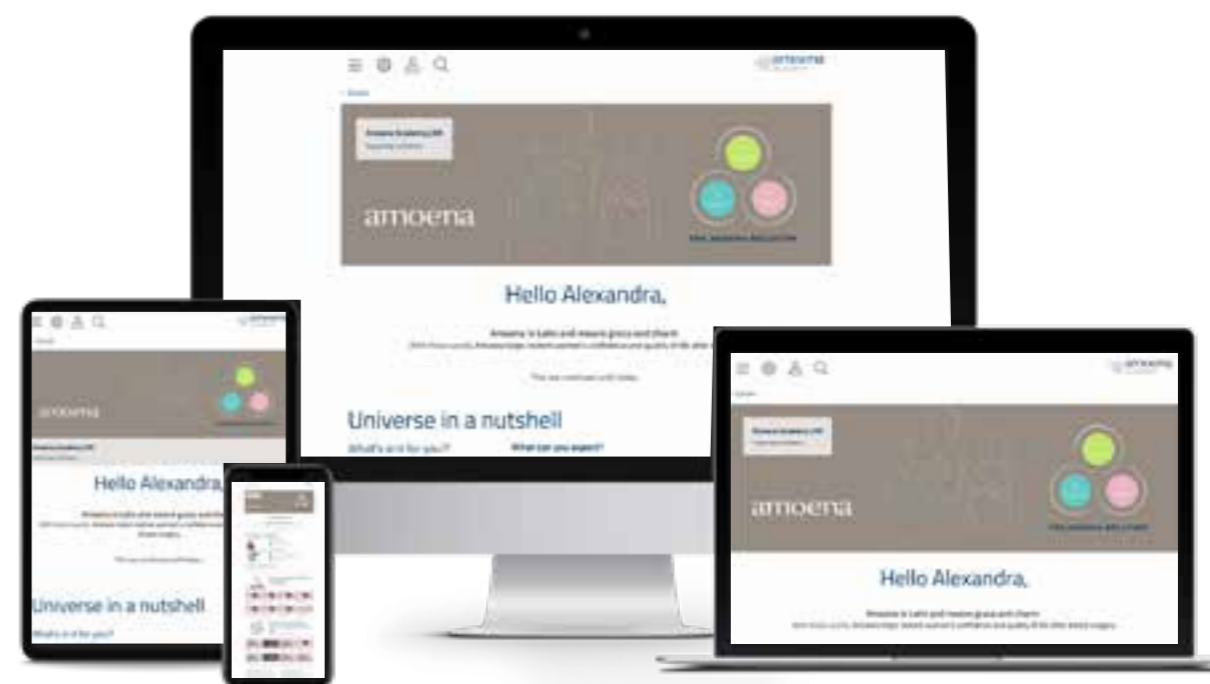
TRAINING ONLINE OR IN PERSON

Amoena Online Academy

Unable to travel? Lack of personnel or time?

We offer the solution! Alongside our in-person training session, we also provide online courses with content delivered in a variety of media. These certified courses provide beginners with all the basics they need, and give advanced learners the materials they need for independent study. All trainings are IQZ-certified.

In addition, we're more than happy to provide you with any technical equipment you may require.



We offer different trainings in the different countries. Please speak to your Amoena sales representative to learn more about your local trainings.

Amoena provide various Academy trainings in Scandinavia.
You are more than welcome to contact us if this is something you are interested in:

By telephone

Denmark: +45 4369 5566
Norway: +47 66 76 12 80
Sweden: +46 8 545 257 70

By email

Denmark: info.dk@amoena.com | ordre.dk@amoena.com
Norway: amoena@amoena.no
Sweden: info.se@amoena.com | order.se@amoena.com

Amoena Denmark AS, Borupvang 3, 2750, Ballerup, Denmark | amoena.dk
Amoena Norway AS, Ullernchaussèen 64-66, 0379 Oslo, Norway | amoena.no
Amoena Sweden AB, Norra stationsgatan 56, 113 67 Stockholm, Sweden | amoena.se

WHAT OUR CLIENTS HAVE TO SAY ABOUT OUR TRAINING SESSIONS:

” An informative online seminar with a great transfer of knowledge by the trainer. The division of 3 x 2 hours was perfect; especially the elaboration of the topic “Adapt Air” was informative.

” In the 3 days of intensive training I learned a lot of new knowledge in all product areas, which helps me to provide holistic and patient-specific care. The opportunity to practice with ladies who had undergone breast surgery on the last day gave me a lot of confidence for future fittings. I feel very confident for the future.

INDEX – RECOVERY CARE

Article	P.	Item No. Colour	Medical requirements/Features											Sizes	Price category	
			Easy handling with limited movement	Fixation and support	Postoperative oedema	Front Closure	Wider straps relieve the shoulders	Seamless knit technology	Ready for clinical use	Adhesive technology/ flat seams	Supports scar healing	No pockets	Integrated pockets			High cotton content
Anatomic Compression belt	18	45044 white; 45046 rose nude; 45045 black		✓		✓									60–135	Premium
Anchors	23	013 clear										✓			Measurements: 230 x 145 mm	Advanced
Belly Bandage	21	45004 nude; 45005 black		✓	✓	✓						✓			S/M–2XL/3XL	Premium
Bermuda*	21	45002 nude; 45003 black		✓	✓	✓					✓	✓			XS–2XL	Premium
Clara Soft Bra Front Closure	26	44743 blush	✓			✓	✓	✓					✓		S–2XL	Basic
Compression belt	18	0776N white; 45043 rose nude; 0789N black		✓		✓									60–135	Advanced
Emilia Soft Bra Front Closure	25	45013 white; 45012 blush; 45014 black	✓			✓		✓					✓		70/75–120/125; Cups: Universal	Advanced
Fleur Soft Bra Front Closure	26	44672 white; 44671 sand; 44853 black	✓			✓	✓						✓	✓	XS–2XL; Cups: A/B–E/F	Basic
Frances Soft Bra Front Closure	26	2128 white; 2128 sand; 2128 black	✓			✓	✓						✓	✓	XS–2XL; Cups: A/B–E/F	Basic
Hannah Soft Bra Front Closure	25	2160 white	✓			✓							✓	✓	XS–XL; Cups: A/B; C/D	Advanced
Leyla Soft Bra Front Closure	17	44605 white; 44604 rose nude; 44606 black	✓	✓	✓	✓	✓	✓	✓			✓	✓		60/65–130/135; Cup: Universal	Premium
Mammilla Circles	23	012 clear										✓			Measurements: Ø interior: 20 mm; Ø outer: 75 mm	Advanced
Michelle Camisole	25	2105 white	✓				✓						✓	✓	S–2XL	Advanced
Pamela	17	45010 white; 45009 rose nude; 45011 black	✓	✓	✓	✓	✓	✓	✓			✓	✓		60/65–130/135; Cup: Universal	Premium
Panty*	21	45000 nude; 45001 black		✓	✓	✓					✓	✓			XS–2XL	Premium
Priform	27	216 nude												✓	1/2–13/14	Basic
Removable drainage pouch	27	2107 white												✓	S (ca. 15x18 cm); L (ca. 20x20 cm)	Basic
Sandra Soft Bra Front Closure	27	0622 white	✓			✓							✓		S–4XL	Basic
Sarah Soft Bra Front Closure	19	0778 white; 0779 black	✓	✓	✓	✓	✓					✓	✓		75–105 A–E	Advanced
Sina	17	45007 white; 45006 rose nude; 45008 black	✓	✓	✓	✓	✓	✓	✓			✓	✓		60/65–130/35; Cup: Universal	Premium
Squares	23	011 clear											✓		Measurements: 260 x 100 mm	Advanced
Strips	23	010 (1) clear 010 (4) clear											✓		Measurements: 260 x 35 mm	Advanced
Theraport	19	2161 white	✓	✓	✓	✓	✓	✓				✓	✓		S–2XL	Advanced

*while stock lasts

INDEX – BREAST SHAPERS

Thickness		Thin		Medium	Volumen	Special	
Cup difference		< 1 cm		1 – 2 cm	≥ 2 cm		
Shape		Oval	Delta	Delta	Delta	Ellipse	Varia
premium	BALANCE ADAPT AIR	-	-	233 Balance Adapt Air MD Sizes: 2–12	-	-	234 Balance Adapt Air SV Sizes: S–XL
	BALANCE CONTACT	-	-	229 Balance Contact MD Sizes: 2–12	230 Balance Contact VD Sizes: 3/4–9/10	-	286 Balance Contact SV Sizes: S–XL
advanced	BALANCE NATURA	-	-	-	221 Balance Natura Light VD Sizes: 3/4–11/12	-	-
		227 Balance Natura TO Sizes: S–XL	217 Balance Natura TD Sizes: 1–10	220 Balance Natura MD Sizes: 2–12	222 Balance Natura VD Sizes: 3/4–9/10	231 Balance Natura SE Sizes: S–XL	285 Balance Natura SV Sizes: S–XL
basic	BALANCE ESSENTIAL	-	-	-	224 Balance Essential Light VD Sizes: 3/4–11/12 Sizes Tawny: 3/4–11/12	-	-
		228 Balance Essential TO Sizes: S–XL	218 Balance Essential TD Sizes: 1–10	223 Balance Essential MD Sizes: 2–12 Sizes Tawny: 4–10	225 Balance Essential VD Sizes: 3/4–9/10	232 Balance Essential SE Sizes: S–XL	-
ADDITIONAL SHAPERS		150 Balance Aqua Wave Sizes: 1/2–11/12					

INDEX – BREAST FORMS

Product line		Weight	1 = Shallow breast form		2 = Medium breast form		3 = Full breast form			
			Symmetrical		Symmetrical	Asymmetrical	Symmetrical	Asymmetrical Extra		
			 1S	 1S ^N	 2S	 2S ^N	 2A	 3S	 3E	
premium	ADAPT AIR	-40 % Extra light	328 Adapt Air Xtra Light 1S ^N Sizes: 1-14		326 Adapt Air Xtra Light 2S ^N Sizes: 1-14 Tawny 1-14 (on request)		-	-	-	
		-25 % Light	329 Adapt Air Light 1S ^N Sizes: 1-14		327 Adapt Air Light 2S ^N Sizes: 1-14		-	-	-	
	CONTACT	-25 % Light	-		380 Contact Light 2S Sizes: 1-14		-	385 Contact Light 3S Sizes: 0-10	-	
		Standard	384 Contact 1S Sizes: 1-14		381 Contact 2S Sizes: 1-12		383 Contact 2A Sizes: 1-12 L/R	382 Contact 3S Sizes: 0-10 Tawny 1-10	386 Contact 3E Sizes: 1-14 L/R Tawny 1-14 L/R (on request)	
advanced	ENERGY	-25 % Light	-		342 Energy Light 2S Sizes: 1-14 Tawny 1-14 (on request)		-	-	-	
		-20 % weight-reduced	-		310 Energy Cosmetic 2S Sizes: 1-14		-	311 Energy Cosmetic 3S Sizes: 1-12	-	
		Standard	349 Energy 1S Sizes: 1-12		-		-	-	-	
	NATURA	-40 % Extra light	401 Natura Xtra Light 1S ^N Sizes: 1-14		400 Natura Xtra Light 2S ^N Sizes: 1-17 Tawny 1-17		-	-	-	
		-25 % Light	664 Natura Light 1S ^N Sizes: 1-14	402 Natura Light 1S Sizes: 1-14	390 Natura Light 2S Sizes: 1-17 Tawny 1-17		392 Natura Light 2A Sizes: 0-14 L/R	391 Natura Light 3S Sizes: 0-12	-	
		-20 % weight-reduced	-		320 Natura Cosmetic 2S Sizes: 1-14 323 Natura Cosmetic 2S ^N Sizes: 1-14		-	321 Natura Cosmetic 3S Sizes: 1-12	322 Natura Cosmetic 3E Sizes: 1-14 L/R	
		Standard	396 Natura 1S Sizes: 1-14		398 Natura 2S Sizes: 1-10		393 Natura 2A Sizes: 0-12 L/R	395 Natura 3S Sizes: 0-12	397 Natura 3E Sizes: 1-14 L/R	
	basic	ESSENTIAL	-25 % Light	314 Essential Light 1S ^N Sizes: 1-14		442 Essential Light 2S Sizes: 1-17 Tawny 1-17		356 Essential Light 2A Sizes: 0-14 L/R	367 Essential Light 3S Sizes: 0-12	556 Essential Light 3E Sizes: 1-14 L/R Tawny 1-14 L/R (on request)
			Standard	630 Essential 1S Sizes: 1-12		440 Essential 2S Sizes: 1-12		353 Essential 2A Sizes: 0-12 L/R	363 Essential 3S Sizes: 0-12	-
	ADDITIONAL SHAPERS		149 Aqua Wave Sizes: 1 - 14	216 Priform Sizes: 1/2 - 13/14						

INDEX – LINGERIE AND SWIMWEAR

SIZE FINDER

available in over 70 different sizes

Article	Page	Product line	Features					Size							Price category	
			seamless Cups	padded Cups	removable cup	with Front Closure	high Cotton content	AA	A	B	C	D	E	F		G
LINGERIE																
Alina Soft Bra	55	Elegant							75-95	75-95	75-95	75-95				Premium
Alina Soft Bra Padded	55	Elegant		✓					75-95	75-95	75-95	75-95				Premium
Alina Panty	55	Elegant						38-46							Premium	
Amy Soft Bra	65	Seamless	✓					S, M, L, XL, 2XL							Basic	
Aylin Soft Bra	65	Seamless	✓					S, M, L, XL, 2XL							Advanced	
Barbara Wired Bra Padded	65	Seamless	✓	✓				70-90	70-90	70-90	70-85				Advanced	
Becky Soft Bra	66	Seamless	✓				✓	S, M, L, XL, 2XL							Basic	
Camilla Soft Bra NEW	59	Classic						75-95	75-95	75-95	75-95				Advanced	
Camilla Soft Bra Padded NEW	59	Classic		✓				75-95	75-95	75-95	75-95				Advanced	
Camilla Wired Bra NEW	59	Classic							75-95	75-95	75-95	75-95	75-95	75-95	Advanced	
Eliza Soft Bra	66	Seamless	✓		✓			S, M, L, XL, 2XL							Basic	
Ester Soft Bra Front Closure	73	Active					✓	70-100	70-100	70-100	70-100	80-95			Advanced	
Gloria Soft Bra Front Closure	73	Active					✓	S, M, L, XL, 2XL							Advanced	
Isabel Soft Bra	71	High Neckline					✓	75-100	75-100	75-105	75-105	75-95	75-95		Basic	
Isadora Soft Bra	60	Classic						75-115	75-115	75-115	75-115	75-115	75-115	75-100	75-100	Advanced
Jasmin Soft Bra	60	Classic					✓	70-95	70-95	70-95	75-95				Advanced	
Jenna Soft Bra NEW	60	Classic						75-105	75-105	75-105	75-105	75-105	75-105	75-105	Advanced	
Jolie Soft Bra	73	Active	✓					70-95	70-95	70-95	70-95	70-95	70-95	70-95	Advanced	
Kitty Soft Bra	66	Seamless	✓		✓		✓	S, M, L, XL, 2XL							Basic	
Kitty Top*	67	Seamless	✓		✓		✓	S, M, L, XL, 2XL							Advanced	
Karolina Soft Bra	56	Elegant						70-100	70-100	70-100	70-100	70-100	70-100		Premium	
Karolina Soft Bra Padded	56	Elegant		✓				75-100	75-100	75-100	75-100	75-100			Premium	
Karolina Wired Bra	56	Elegant						75-100	75-100	75-100	75-100	75-100			Premium	
Karolina Panty	56	Elegant						36-48							Premium	
Lara Soft Bra Padded	67	Seamless	✓	✓				70-100	70-100	70-100	70-100	75-100	75-100		Advanced	
Lara Satin Soft Bra Padded	68	Seamless	✓	✓				75-100	75-100	75-100	75-100	75-100	75-100		Advanced	
Leslie Soft Bra	61	Classic	✓	✓				75-125	75-125	75-125	75-125	75-125	75-125	75-120	75-115	Premium
Mara Soft Bra Padded	68	Seamless	✓	✓				70-105	70-105	70-105	70-105	70-105	70-100	70-100	75-95	Basic
Mara Soft Bra Padded Front Closure*	68	Seamless	✓	✓			✓	70-105	70-105	70-105	70-105	70-105	70-100	70-100	75-95	Basic
Mira Soft Bra	69	Seamless	✓					70-95	70-95	70-95	75-90	75-90	75-85		Advanced	
Mona Soft Bra	69	Seamless	✓					70-95	70-95	70-95	75-90	75-90	75-85		Advanced	
Nancy Soft Bra	61	Classic						75-110	75-110	75-120	75-120	75-115	75-115	75-115	Basic	
Nancy Soft Bra Front Closure	61	Classic					✓	75-110	75-110	75-120	75-120	75-115	75-115	75-115	Basic	
Nora Soft Bra*	62	Classic					✓	80-105	80-105	80-105	80-105				Advanced	
Rita Soft Bra	62	Classic						75-100	75-100	75-100	75-105	80-105			Basic	
Ruth Soft Bra*	63	Classic					✓	70-105	70-105	70-105	70-100	70-95	70-95	70-90	Basic	
Tessa Soft Bra*	63	Classic	✓					75-105	75-105	75-105	75-105	75-105	75-105	75-105	Basic	
Tiana Soft Bra	69	Seamless	✓					70-105	70-105	70-105	70-105	70-105	70-105	70-105	Advanced	

*while stocks last

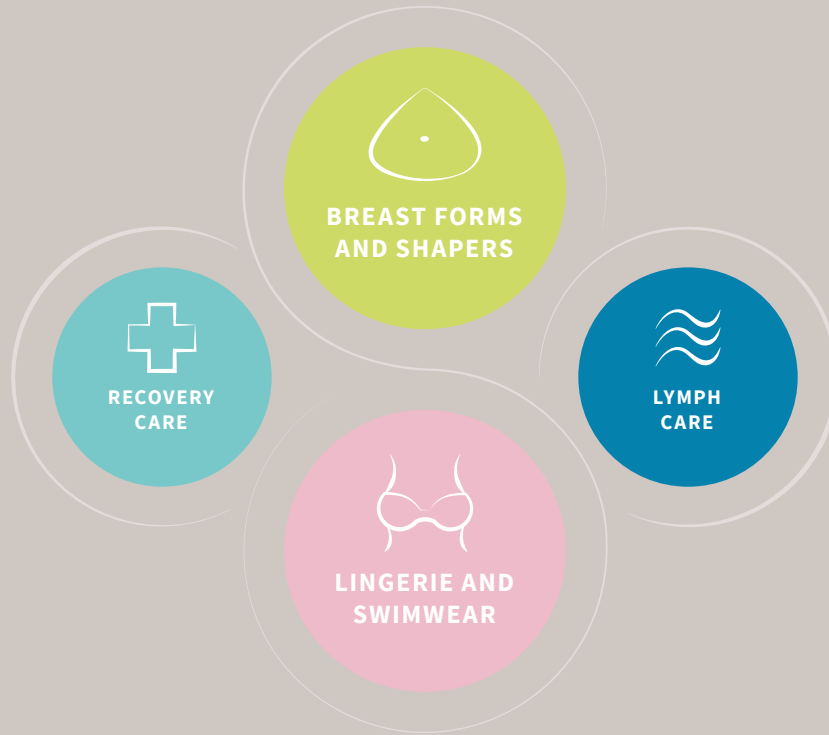
INDEX – LINGERIE AND SWIMWEAR SIZE FINDER

available in over 70 different sizes

Article	Page	Product line	Sizes							Price category
			A	B	C	D	E	F	G	
WELLNESS										
Valletta Top	75	Wellness	36-56							Advanced
SWIMWEAR										
Manila One Piece High Neck	77	Elegant		38-52	38-52	38-52				Advanced
Manila Full Bodice	77	Elegant		38-56	38-56	38-56	38-56			Advanced
Manila Sarong	78	Elegant		38-52	38-52	38-52				Advanced
Manila Blouson	78	Elegant		38-52	38-52	38-52				Advanced
Manila Soft Bikini Top High Neck	79	Elegant	36-46	36-46	36-46					Advanced
Manila High Waisted Panty	79	Elegant	36-52							Advanced

INDEX – LYMPH CARE

Article	P.	Item No. Colour	Features						Sizes	Price category
			Medical grade pressure	Massage effect	Front Closure	Wide straps to encourage lymph flow	Seamless knit technology	Adhesive technology/ flat seams		
Lagos Swim Bermuda	87	71666 black						38-56	Advanced	
Lagos Tankini	87	71666 black/multi				✓		38-56 B, C, D, E	Advanced	
Liane Leggings	83	44935 black/grey		✓		✓		S-3XL	Advanced	
Liane Top	82	44812 sand/light sand; 44934 black		✓		✓	✓	S-3XL	Advanced	
Linda Soft Bra	83	44811 sand; 44936 black		✓		✓		S-3XL	Premium	
Lymph Flow Massage Shell	86	030 clear		✓				one size	Advanced	
Lymph Flow Pressure Pad	86	020 clear		✓				one size	Basic	
Lymph Flow Long Soft Bra Front Closure	85	44813 white; 44815 black	✓		✓	✓	✓	S-2XL	Advanced	
Lymph Flow Soft Bra Front Closure	85	44814 white; 44816 black	✓		✓	✓		S-3XL	Advanced	



AMOENA. YOUR SOLUTION.

amoena

Breast Care. Empowering women.

Amoena Denmark A/S
 Borupvang 3
 2750 Ballerup
 Danmark
www.amoena.dk

Amoena Norway AS
 Ullernchausséen 64-66
 0379 Oslo
 Norge
www.amoena.no

Amoena Sweden AB
 Norra stationsgatan 56
 113 67 Stockholm
 Sverige
www.amoena.se